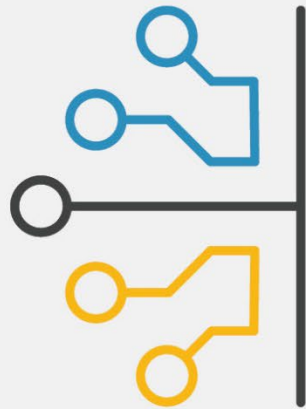


Welcome to



**EMERGING
TECHNOLOGIES**
CONFERENCE at Advanced Textiles® **EXPO**

Vertical Flexible Interconnects for Electronic Textiles

*Prateeti Ugale, Dr. Amanda Mills**

NC STATE UNIVERSITY

Wilson College of Textiles



Background

Bachelor of Technology (B.Tech.) from Institute of Chemical Technology, Mumbai, India (2012-2016)

**PhD Internship
(2024 - Ongoing)**



*Process Development Engineer II
(2020-2021)*

Research Associate I (2018-2020)

NC STATE UNIVERSITY

Wilson College of Textiles

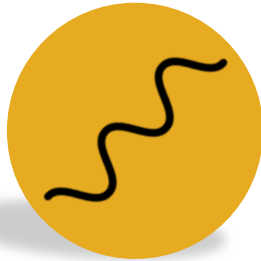
- *MS in Textile Engineering (2016-2018)*
- *Research and Development Assistant (2018)*
- **PhD in Fiber and Polymer Science
(2021 - Ongoing)**

Agenda



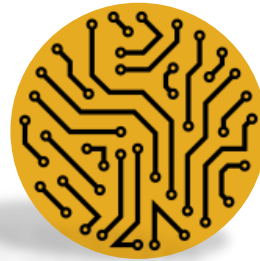
01

Introduction to
E-Textiles



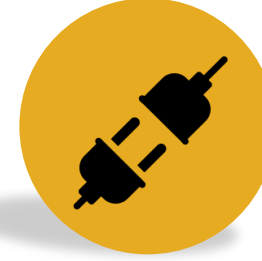
02

Interconnects
in E-Textiles



03

Vertical
Interconnects



04

Connectors in
E-Textiles



05

Conclusion –
Research Gaps

Agenda



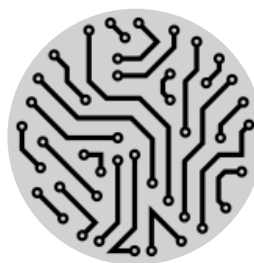
01

Introduction to
E-Textiles



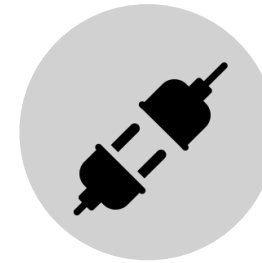
02

Interconnects
in E-Textiles



03

Vertical
Interconnects



04

Connectors in
E-Textiles

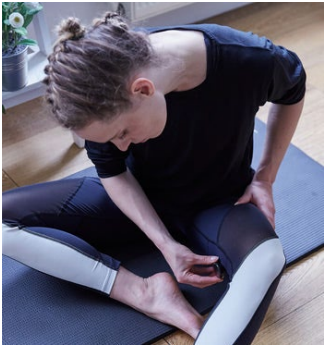


05

Conclusion –
Research Gaps



Hexoskin Smart Shirts

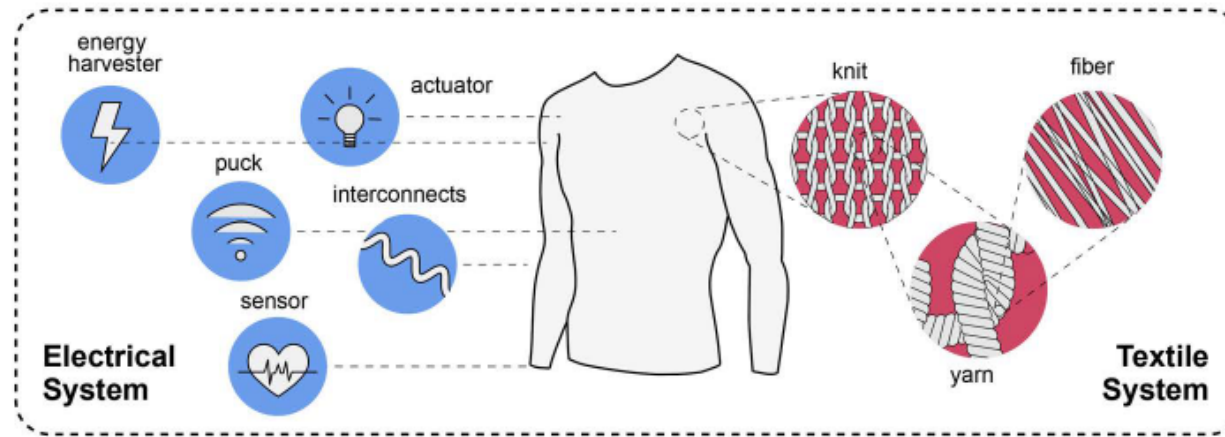


Nadi X Smart Yoga Pants



Jacquard by Google X Levis

E-Textiles



Knowles, C. G. (2023). *Digital Strategies for E-Textile Design and Manufacturing*.

“Electronic Textile, n – a fiber, yarn, fabric or end product comprising elements that result in an electrical or electronic circuit, with or without processing capability, or the components thereof.”

- ASTM D8248-20

Advantages

Textiles → Flexible, Breathable, Comfortable, lightweight
E-Textiles enable health monitoring



Sensoria® T-Shirt



OMsignal Smart Shirts



Muse™
headband

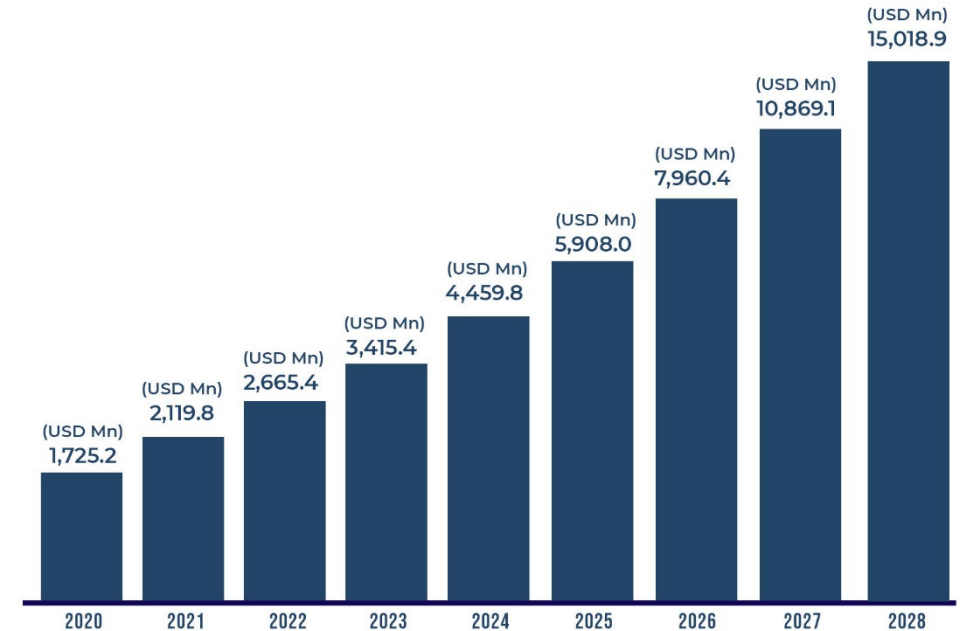


Sensoria® Socks

E-Textiles are Growing!



- Technological Advancements
- Internet Of Things (IoT) Integration
- Lightweight and durable materials
- Growing Research And Development (R&D)

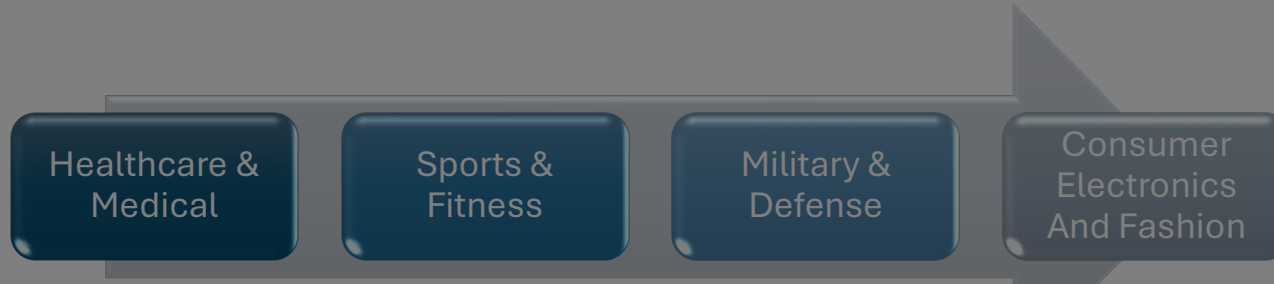


Source: www.acumenresearchandconsulting.com

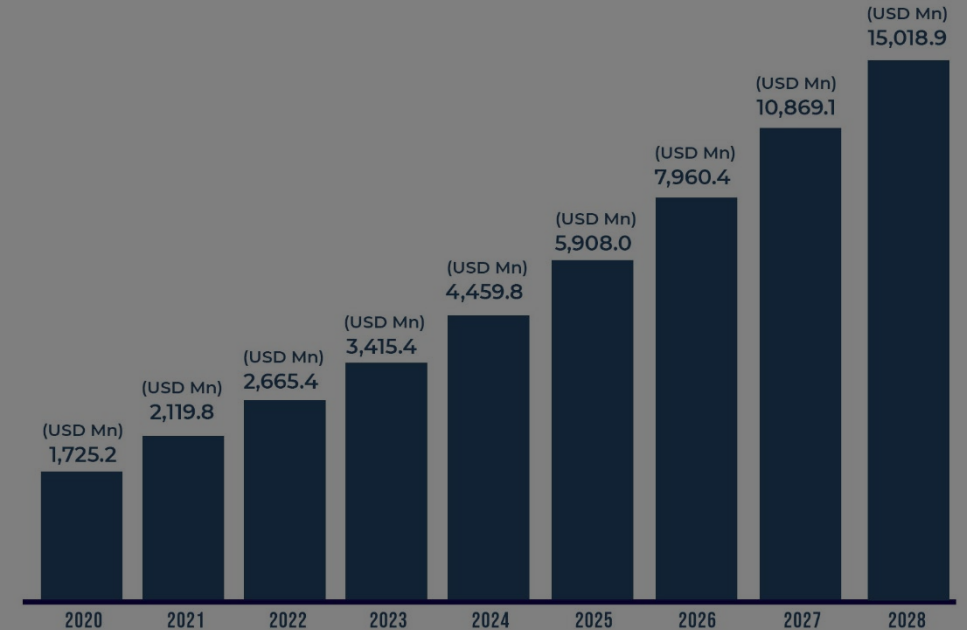


- **Technical Difficulties**
- High Production Prices
- Complex Supply Chain
- Regulatory And Standards Issue
- **Limited Durability And Longevity**
- Market Acceptance And Awareness
- Ethical And Environmental Concerns
- Costs Of Intellectual Property And R&D

E-Textiles are Growing!



- Technological Advancements
- Internet Of Things (IoT) Integration
- Lightweight and durable materials
- Growing Research And Development (R&D)



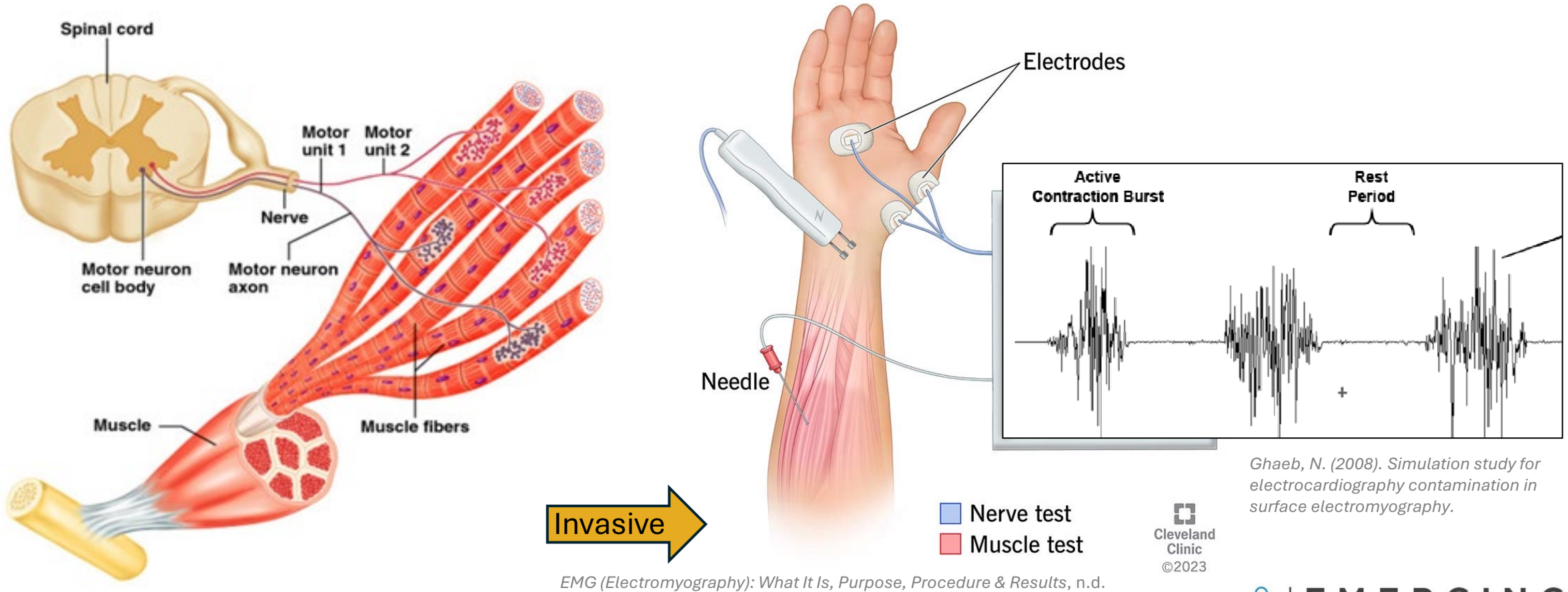
Source: www.acumenresearchandconsulting.com

- Technical Difficulties**
- High Production Prices
- Complex Supply Chain
- Regulatory And Standards Issues
- Limited Durability And Longevity**
- Market Acceptance And Awareness
- Ethical And Environmental Concerns
- Costs Of Intellectual Property And R&D



Electromyography (EMG)

- A diagnostic test that measures the electrical activity of muscles in response to nerve stimulation.

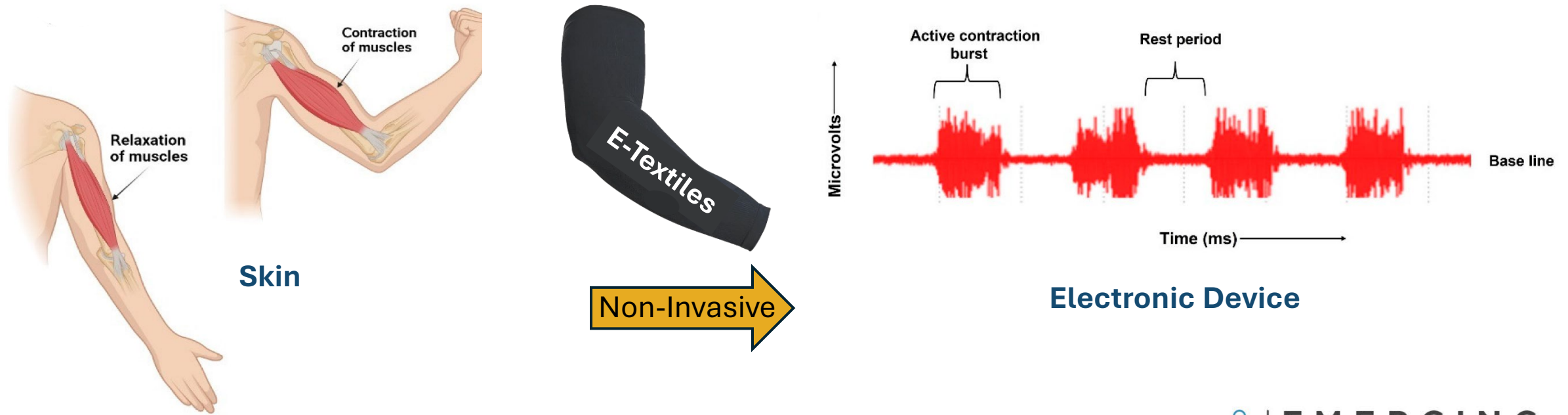


Copyright © 2005 Pearson Education, Inc., publishing as Benjamin Cummings.

- Invasive methods measure EMG directly inside or near the muscle by inserting an electrode

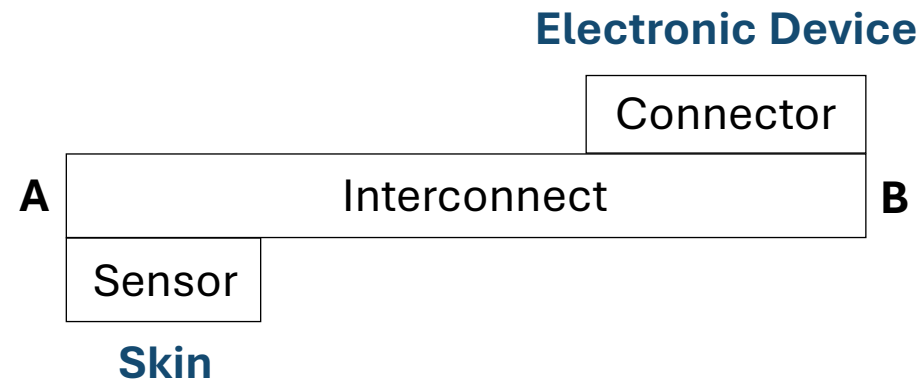
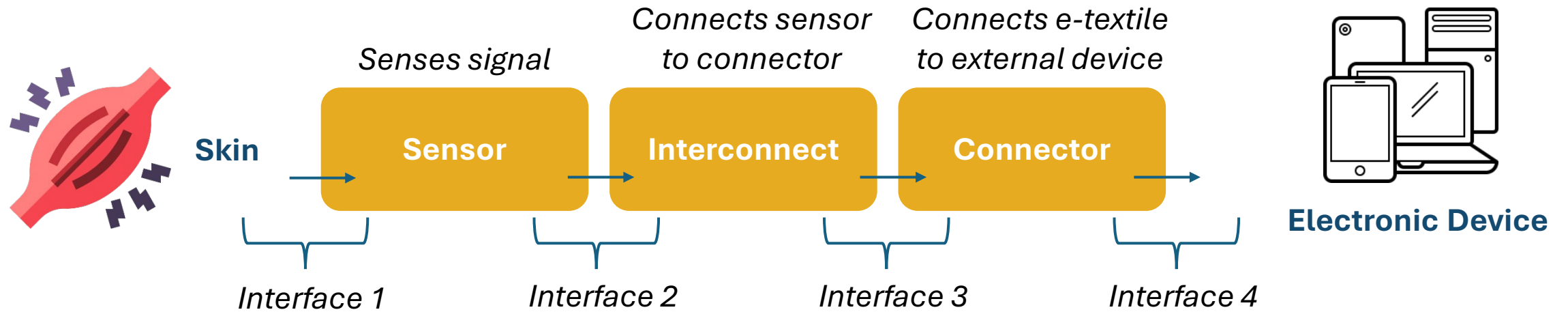
E-Textiles for Monitoring EMG

- E-Textiles offer a unique combination of convenience, real-time data analysis, and personalization of medical treatments, thereby revolutionizing patient care and disease management
- E-Textiles offer – Comfort, lightweight, easier-to-use, and more cost-effective self-health management systems



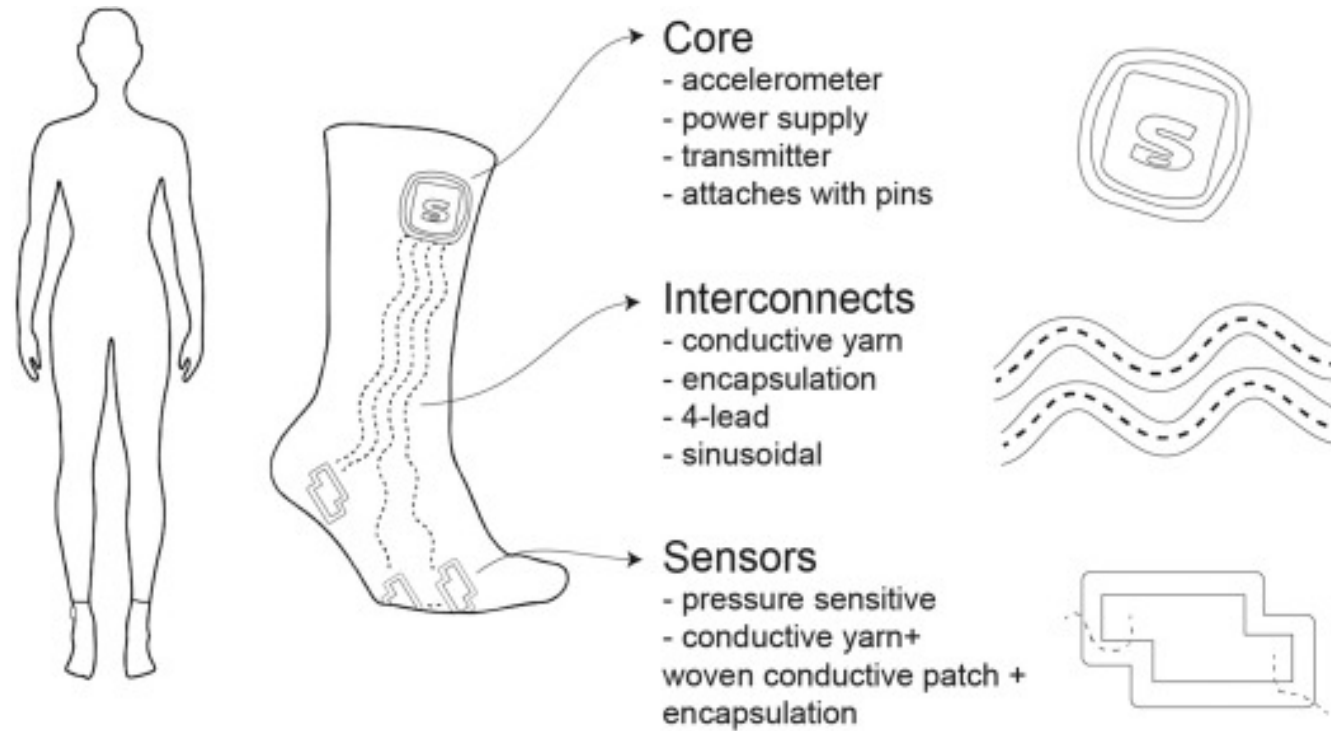
- Non-invasive methods measure EMG on the skin surface

Components of E-Textiles for Monitoring EMG



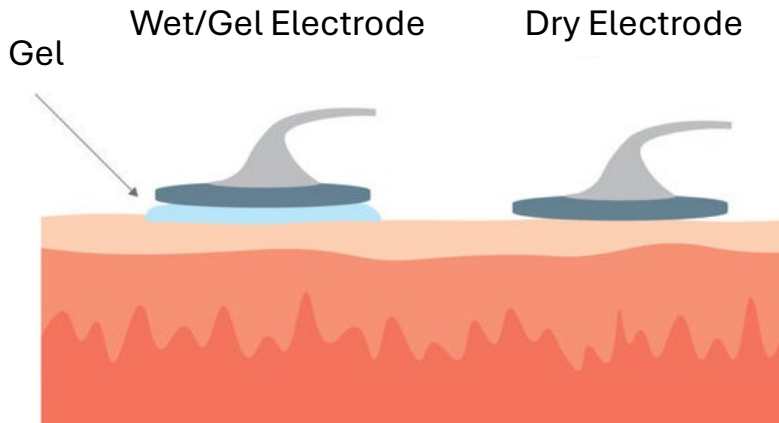


Example – Sensoria® Socks V2



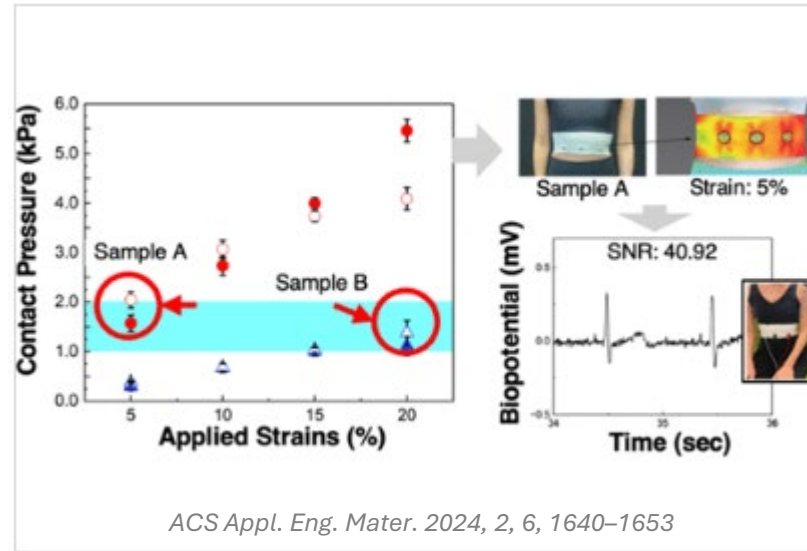
Sensoria Sock V2 electronic components and integration

Sensors/ Electrodes



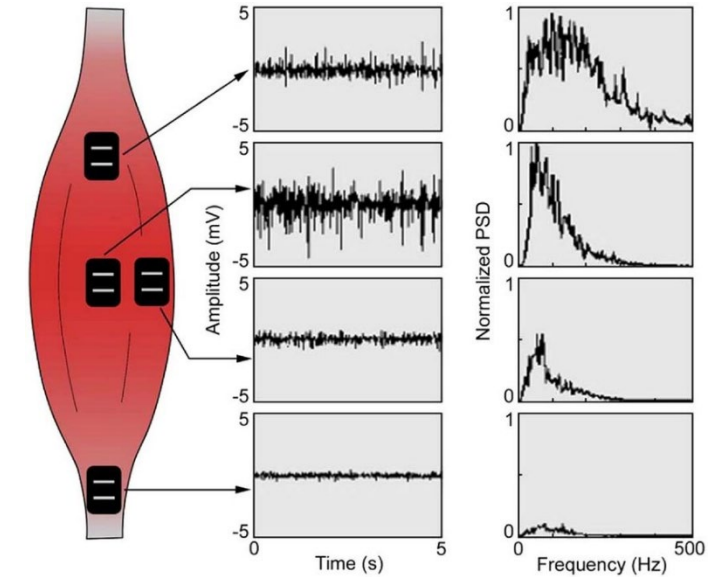
Type of electrode – Wet and Dry

1



Contact Pressure between electrode and skin

2

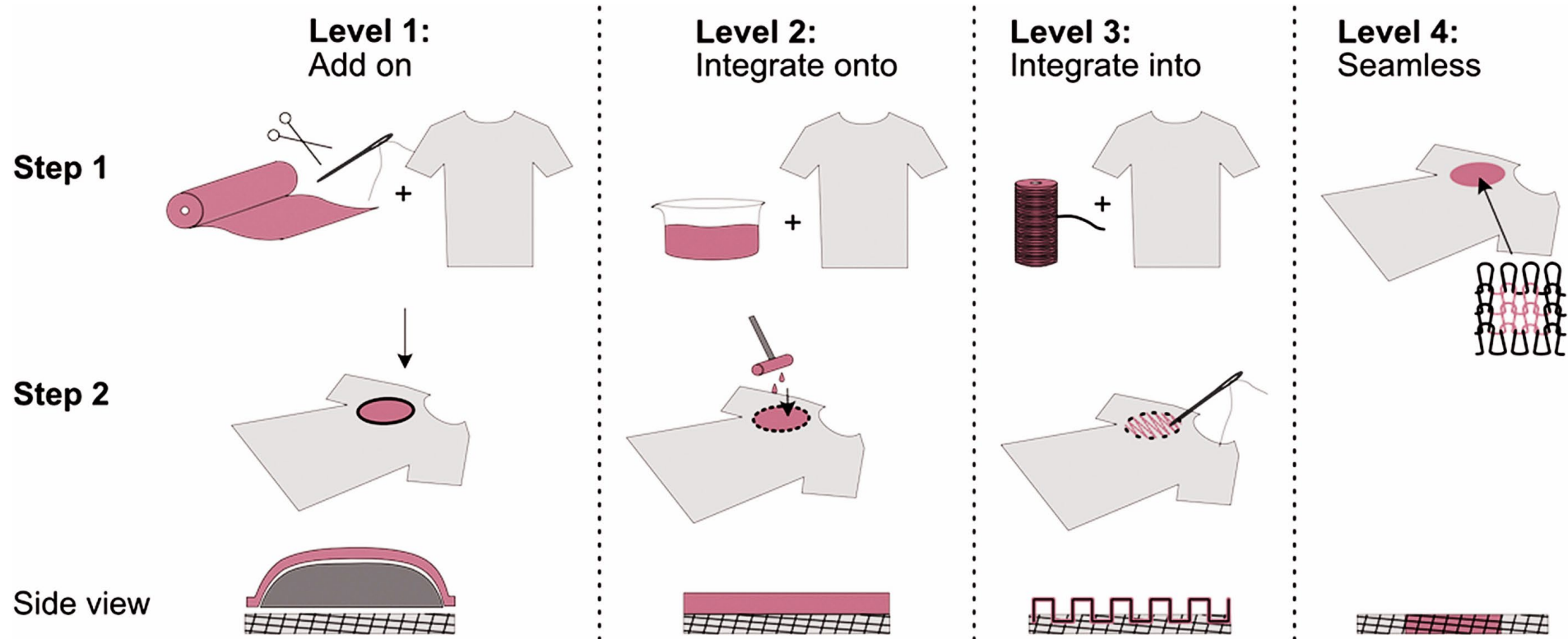


Position of electrode

3

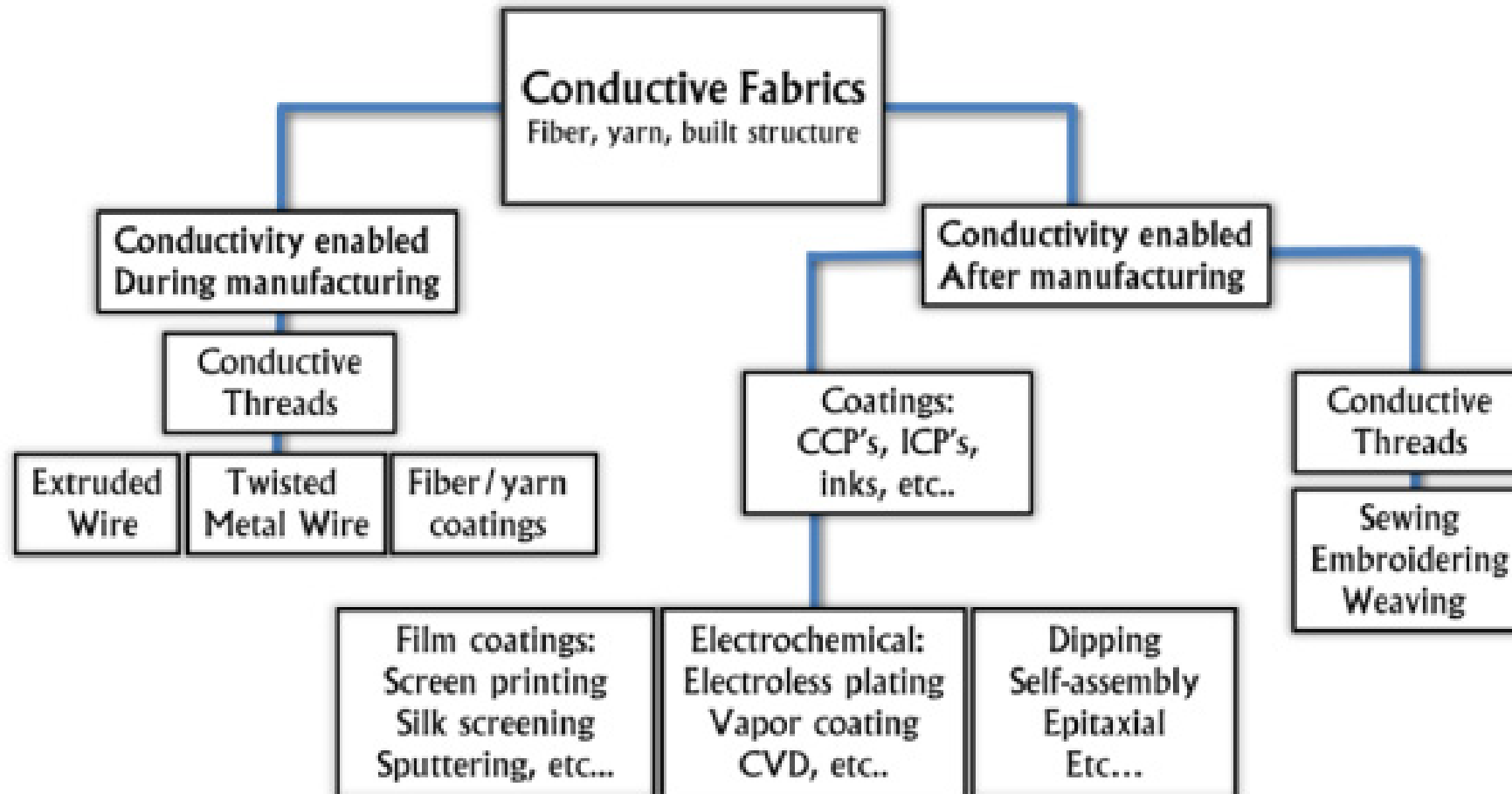
- Gel electrodes perform better than dry – Often used as standards
- Optimal contact pressure between the dry electrode and the skin can enhance signal quality
- Electrodes placed on the belly of a muscle gives better signal quality

Integration of E-Textiles



Schematic drawing of integration Levels 1–4 for wearable systems. Conductive elements are marked in pink

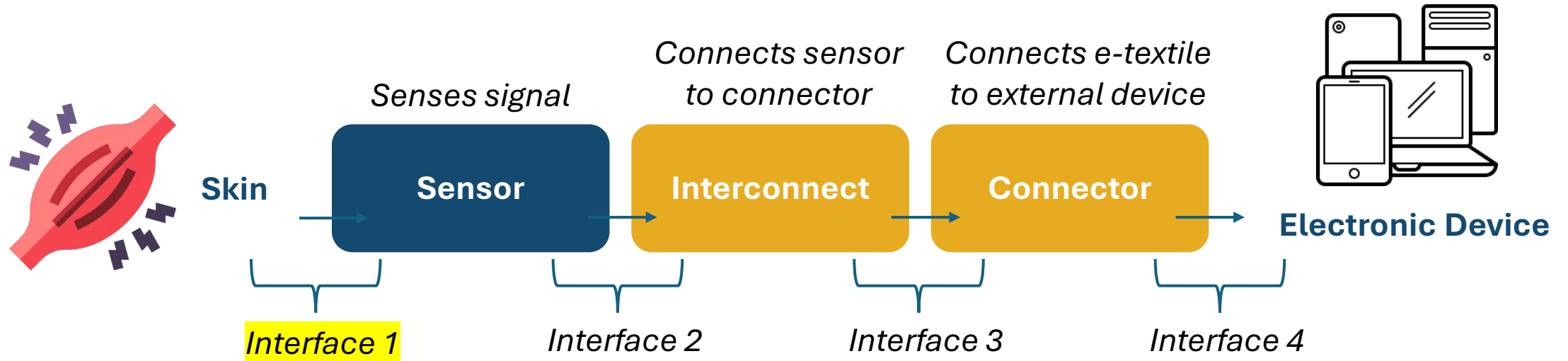
Conductive Materials for Integration



Techniques to enable conductivity in fabrics

How are sensors electrically integrated?

USING INTERCONNECTS!



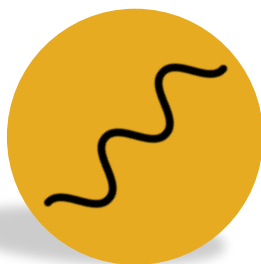
- **Type of electrode**
- **Contact pressure**
- **Electrode Position**
- **Integration techniques**
- **Conductive materials**

Agenda



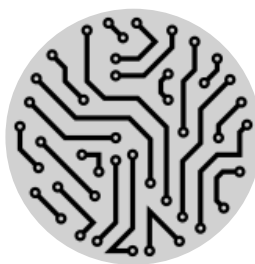
01

Introduction to
E-Textiles



02

Interconnects
in E-Textiles



03

Vertical
Interconnects



04

Connectors in
E-Textiles

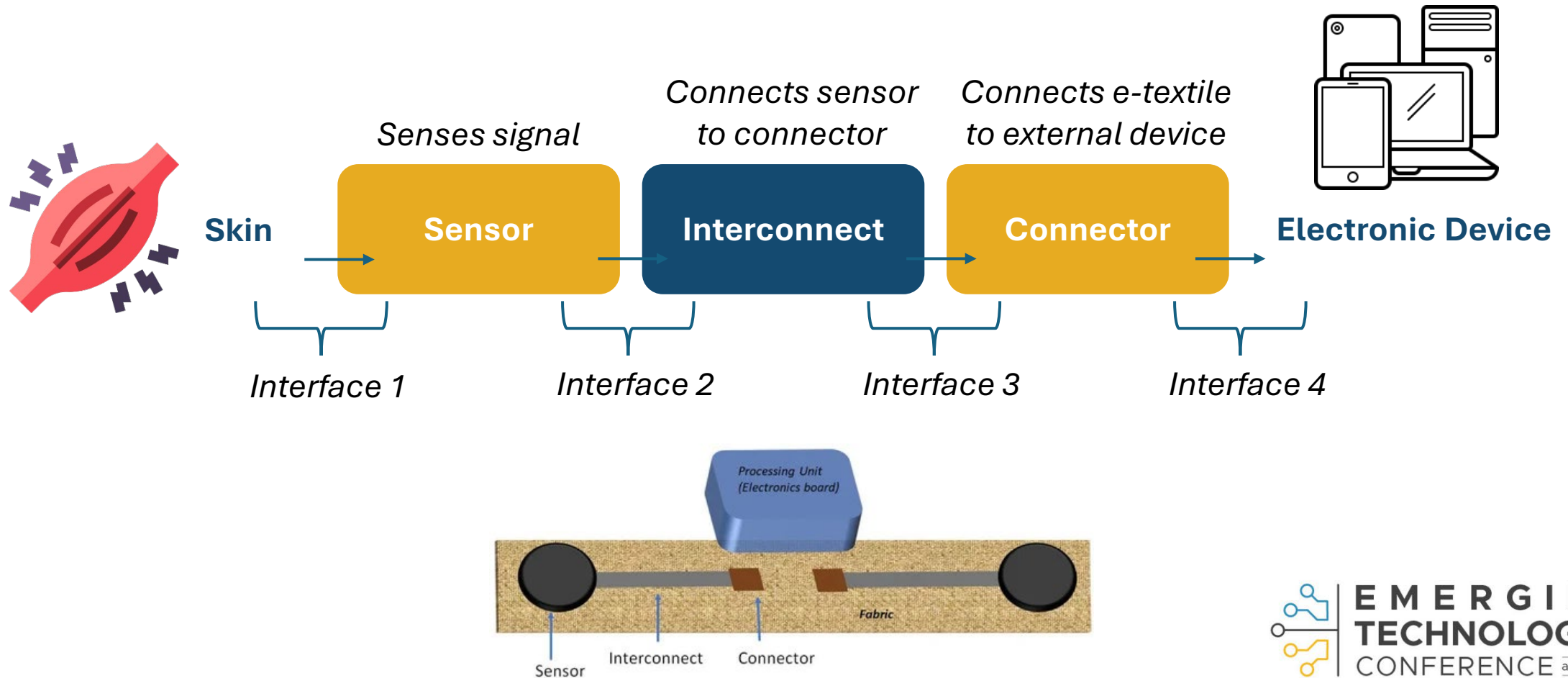


05

Conclusion –
Research Gaps

E-Textile Interconnects

E-textile interconnects are **conductive paths** or **connections** integrated into textile materials, **enabling the transmission of electrical signals or power** within fabric-based systems.



Properties of E-Textile Interconnects

An Ideal Interconnect Must Possess

Electrical Reliability

- Electrical Connectivity
- Signal Integrity

Mechanical Durability

- Flexibility
- Stretchability
- Washability
- Material Compatibility

Manufacturability

- Scalable
- Cheap

Wearer Comfort

- Aesthetically Pleasing
- Comfortable

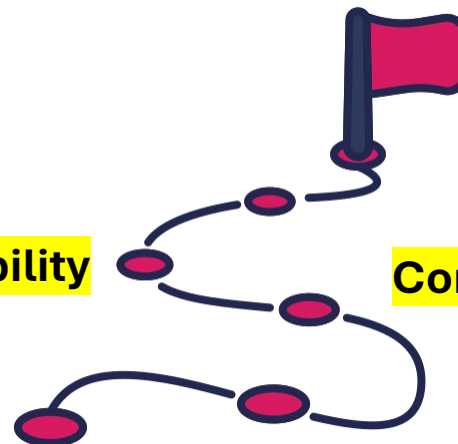
Safety

- Breathability
- Non-toxic
- Avoid Skin Irritation

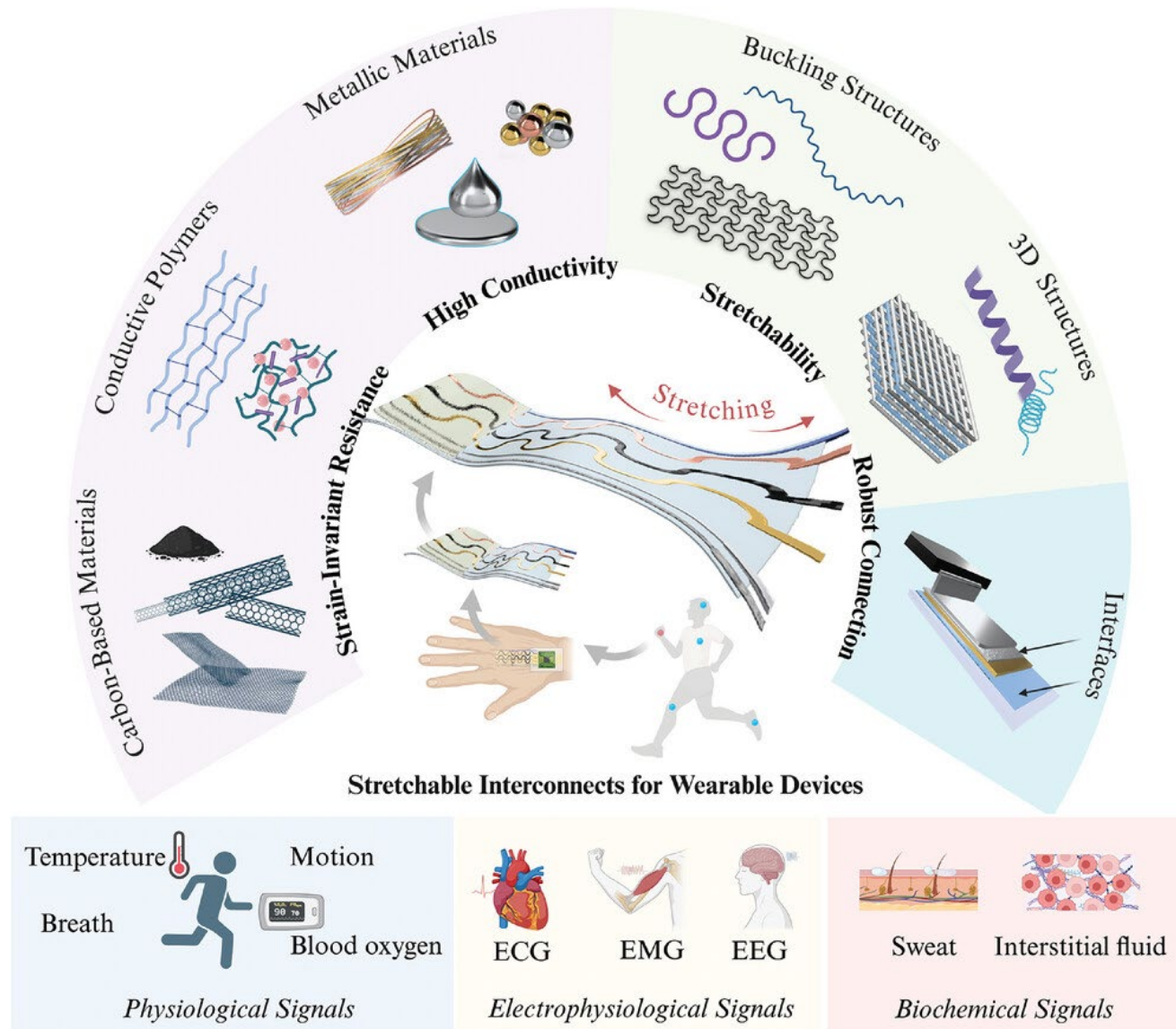
Durability

Compatibility

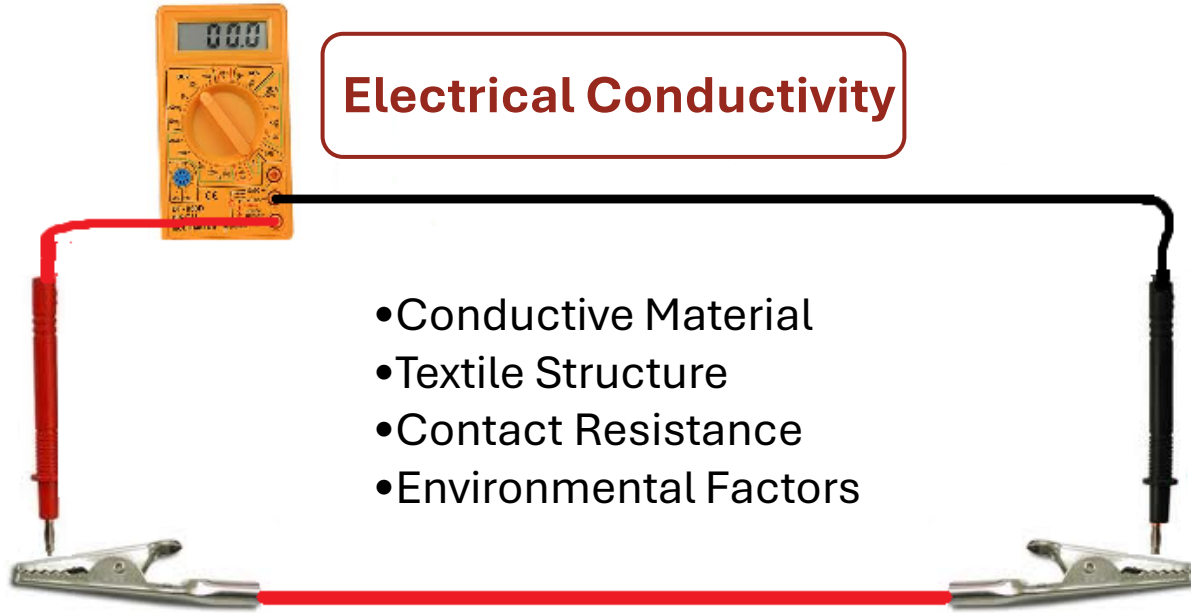
Reliability



Interdependency of E-Textile Interconnects



Electrical Reliability of E-Textile Interconnects



To enhance electrical conductivity and signal integrity in textile interconnects

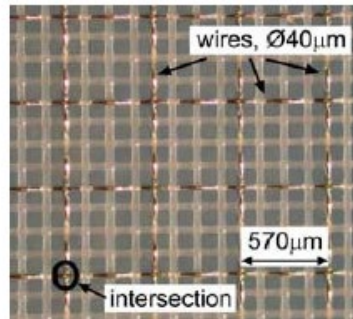
- Material Selection**
- Design Optimization**
- Protective Coatings**
- Shielding and Grounding**
- Signal Conditioning**

Conductive Materials for E-Textile Interconnects

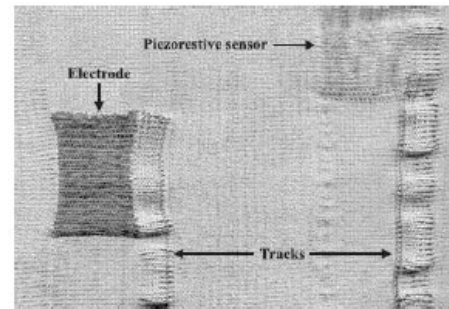
Type	Material	Integration Methods
Wire	Copper etc.	Sewing, Weaving
Yarn	Stainless steel, silver coated etc.	Sewing, Embroidery, Weaving, Knitting
Fabric	Copper and Silver	Stitching, Sewing, Weaving, Fabric Etching
Polymer	Polypyrrole, Polyaniline etc.	Stenciling
Rubber	Carbon filled silicone rubber	Stenciling
Ink	Copper, Silver, Gold, Carbon etc.	Screen Printing, Ink-Jet Printing, Stenciling



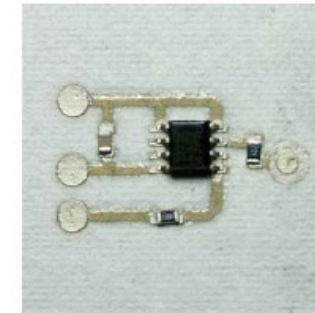
a



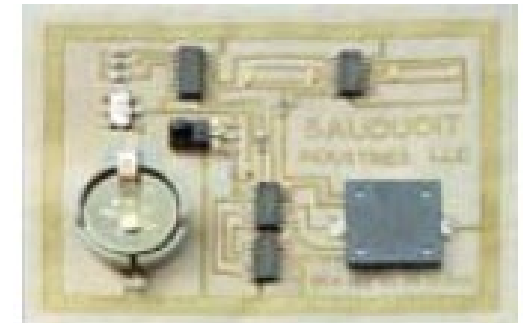
b



c



d



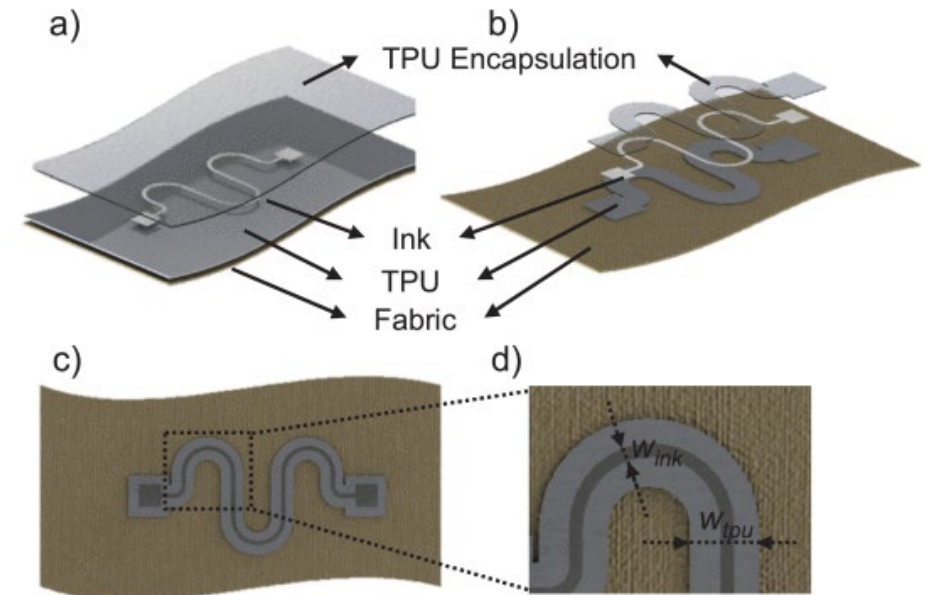
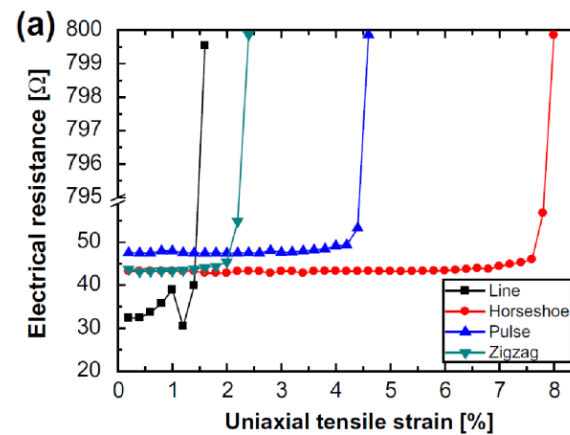
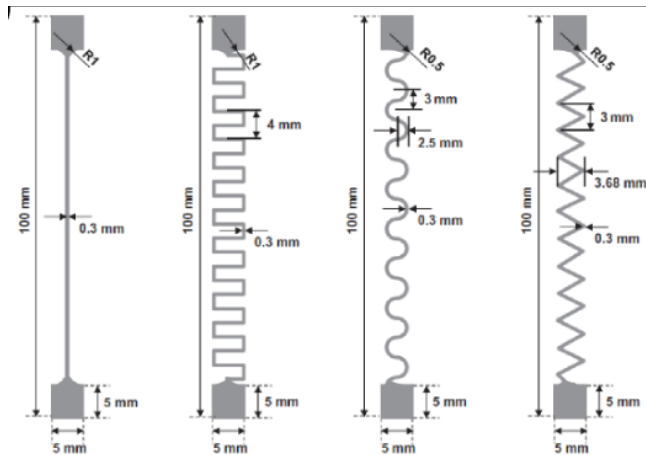
e

(a) examples of embroidery using conductive yarns showing controllable patterns: MIDI Jacket with e-broidery (b) woven fabric with insulated copper wire (c) knitted conductive tracks and sensors from WEALTHY project (d) screen printed circuit on nonwoven fabric (e) conductive fabric etched printed circuit

Mechanical Durability of E-Textiles

Geometry and Design of the Interconnect

Properties of Base Material & Encapsulation

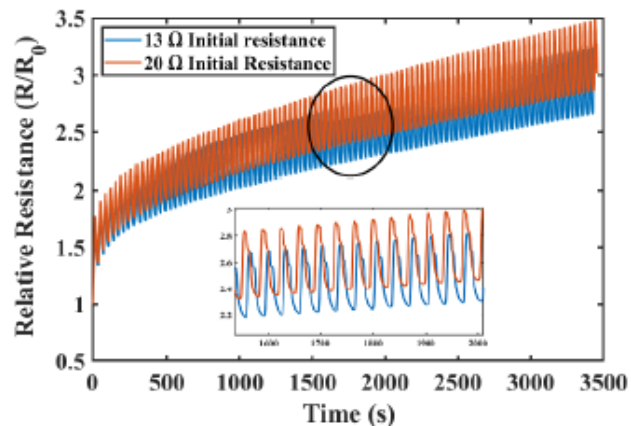
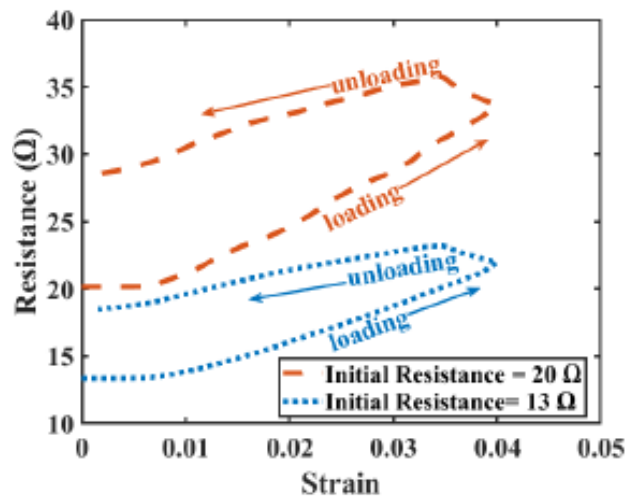


- Usually, conventional metals can impede the flexible or stretchable performance
- Serpentine, arc-shaped, horseshoe, kirigami, self-similar, 2D spiral, and 3D helical forms

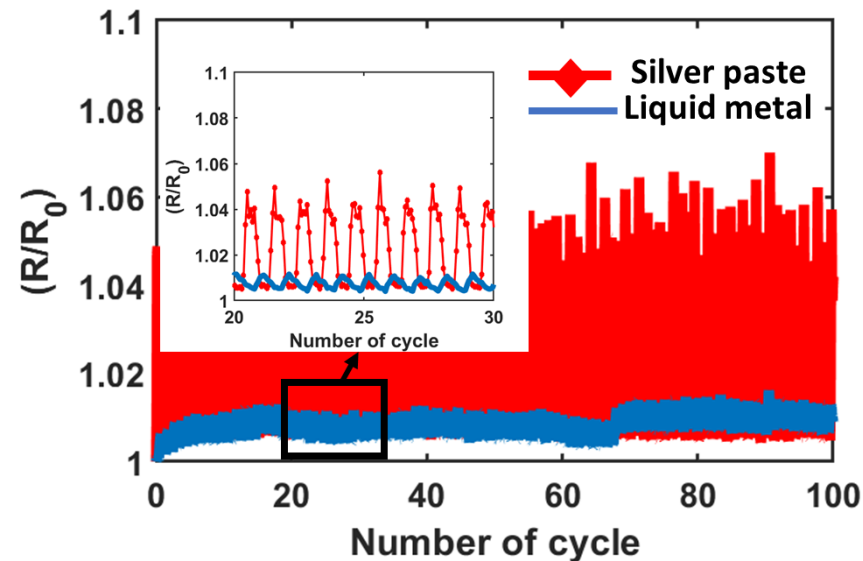
Evaluation of E-Textile Interconnects

- Monitoring for changes in electrical resistance and mechanical integrity under continuous or intermittent use

Stretchability

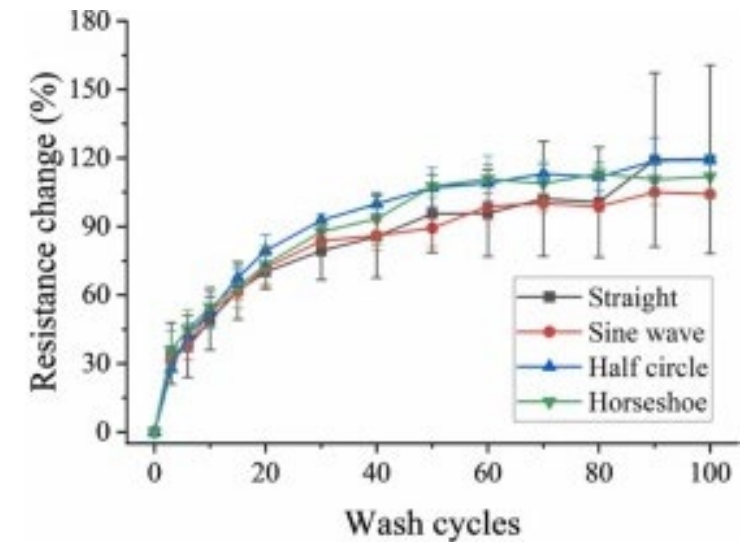


Flexibility



The change in electrical resistance during cyclic bend fatigue for 1000 bend cycles and a rate of 1 Hz at a bending radius of 2.5 mm

Washability



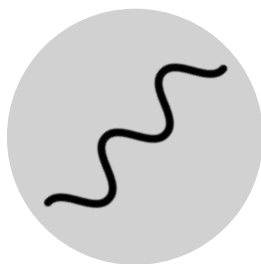
Liu, M., Lake-Thompson, G., Wescott, A., Beeby, S., Tudor, J., & Yang, K. (2024). Design and development of a stretchable electronic textile and its application in a knee sleeve targeting wearable pain management.

Agenda



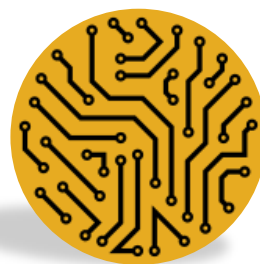
01

Introduction to
E-Textiles



02

Interconnects
in E-Textiles



03

Vertical
Interconnects



04

Connectors in
E-Textiles



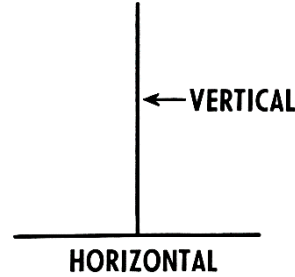
05

Conclusion –
Research Gaps

Interconnect Geometries

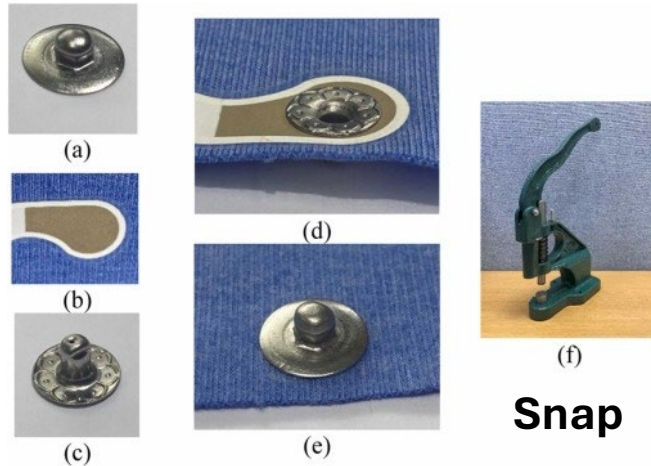


1. **2D integration** (same plane)
2. Electronic **components side by side**
3. **Connect** multiple components **across a larger area**
4. **Prone to damage from bending and stretching** if not flexible enough
5. Preferred Applications: Fitness trackers and LED-embedded clothing etc.



1. **3D integration** (different plane, multilayer)
2. Electronic **components on front and back**
3. Allow for more **compact and integrated designs**
4. **May affect the flexibility and comfort of the fabric**, depending on the materials and methods used
5. Preferred Application: Smart textiles for healthcare monitoring, military uniforms with integrated communication systems, and garments with complex sensor arrays

Current Vertical Interconnects in E-Textile

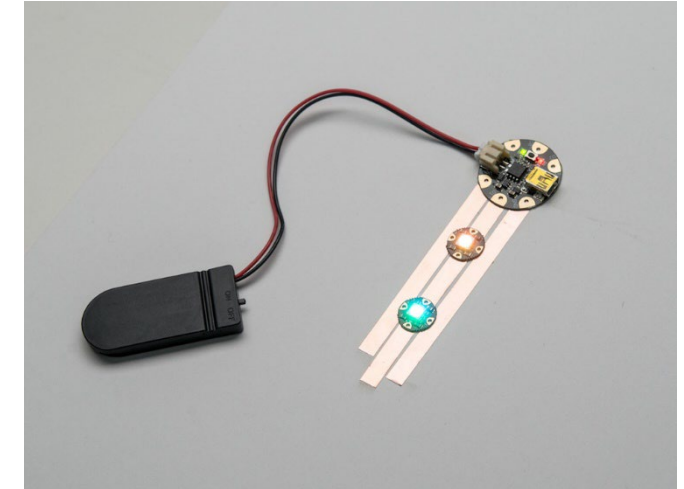


Solder



Sewing/Embroidery

HOW TO GET WHAT YOU WANT. (n.d.).



Adafruit's Z-Tape

ZTACH[®] ACE: Robust Interconnections for Military Wearable Sensors



Before curing

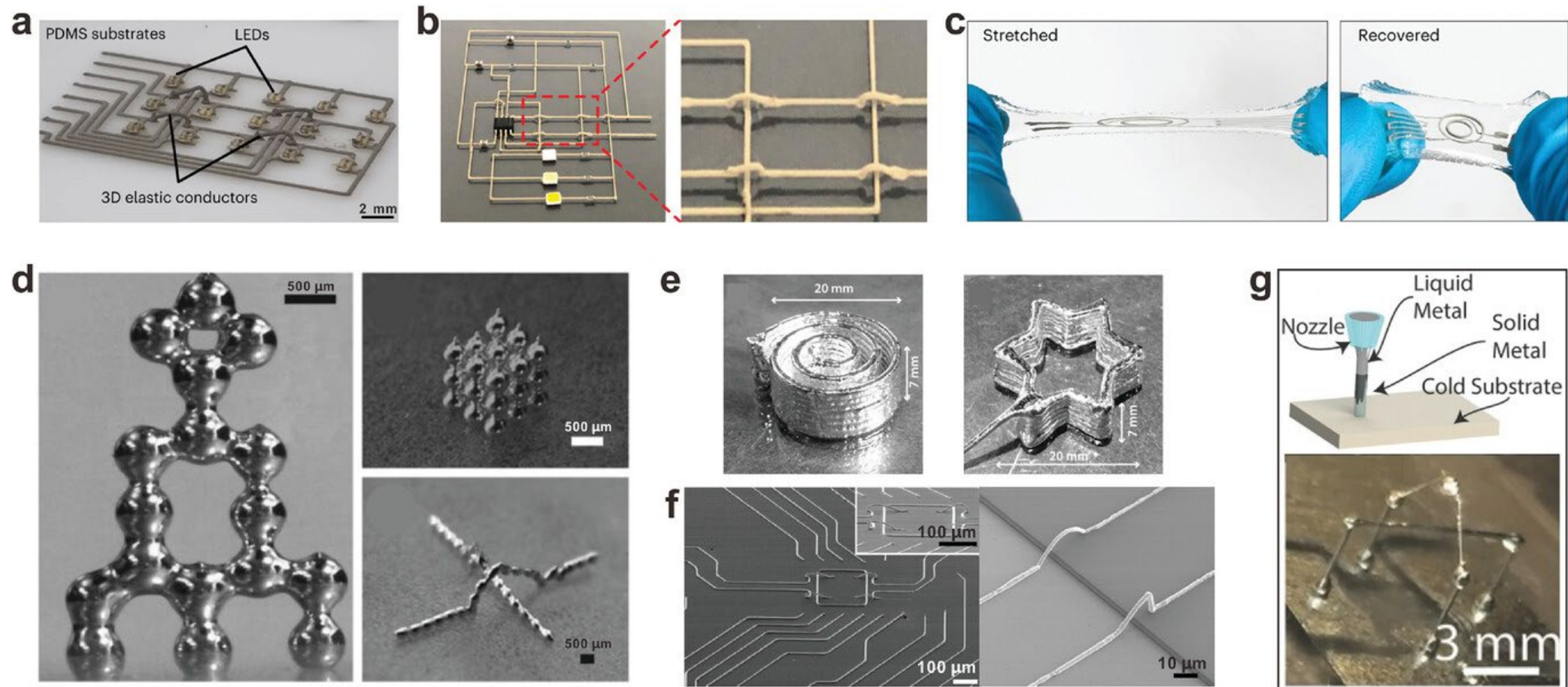
Within 4 seconds

Within 10 seconds

Sunray Scientific's Epoxy



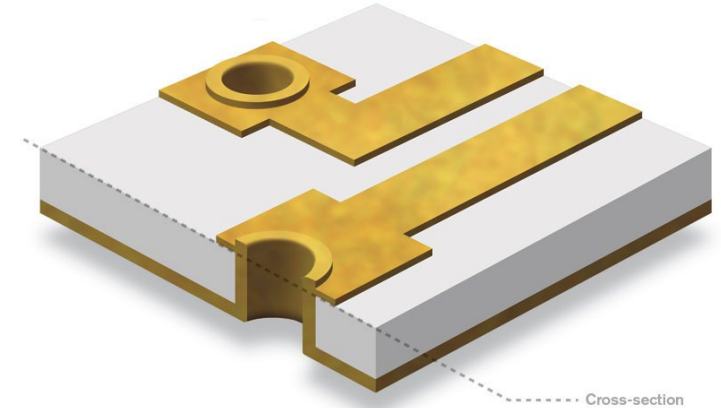
3D Printed Interconnects



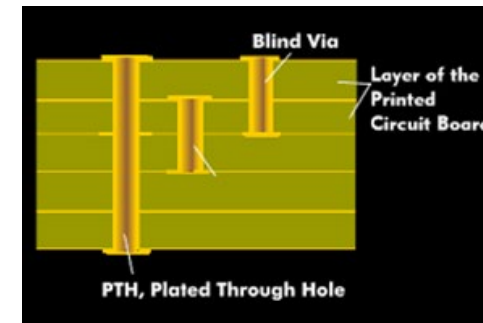
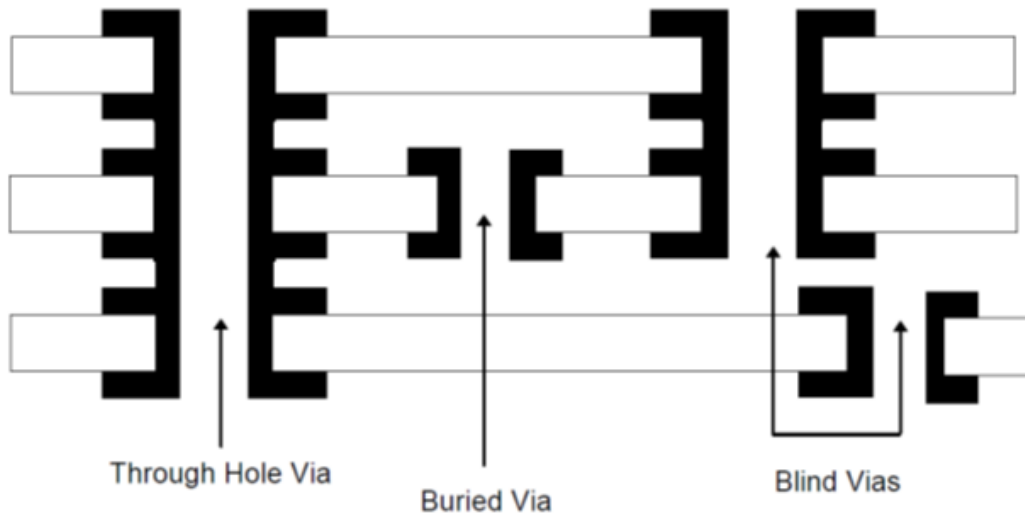
a) Omnidirectional printed 3D elastic conductors using polymer/Ag particle/MWCNT composite ink, (b) 3D circuit printed using elastic silver ink, c) Printing 3D interconnects in hydrogel, d) 3D printing of free-standing LM microstructures, e) LM conductive lines with modified rheology, f) High-resolution LM with 3D structures g) Freeze-printing of LM alloys for 3D conductive networks

Vertical Interconnect Access (VIA) in Electronics

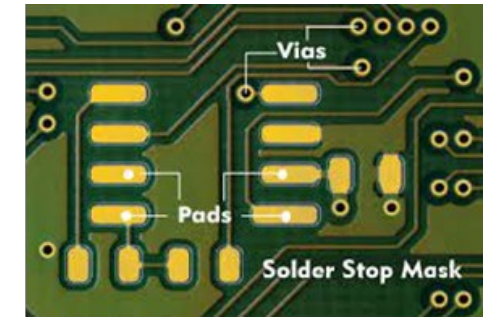
- VIA is a layered connection in form of a metallized (drilled) hole in a printed circuit board (PCB). The connection hole is for the electrical connection of the various layers of the circuit board
- Used in semiconductor manufacturing to create high-density vertical interconnects & printed circuit boards (PCBs) for high wire density



ATP - Vias: Plated Through, n.d.

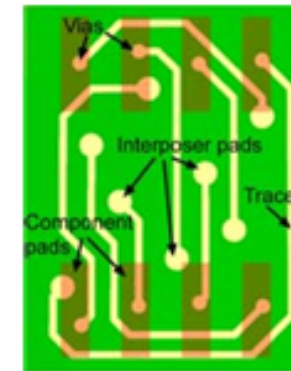
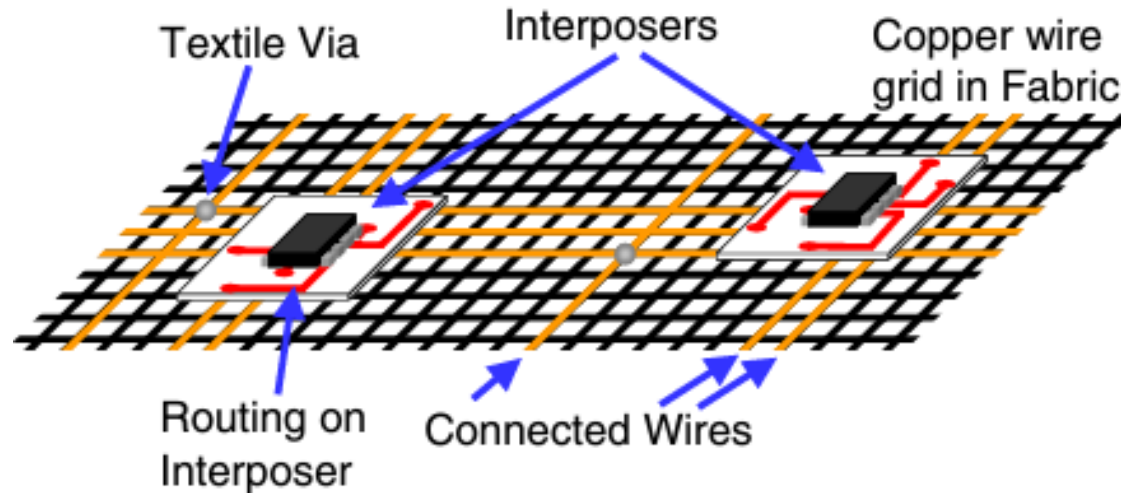
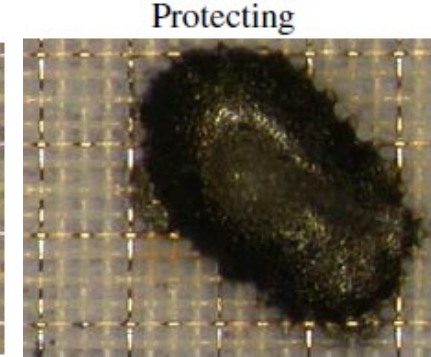
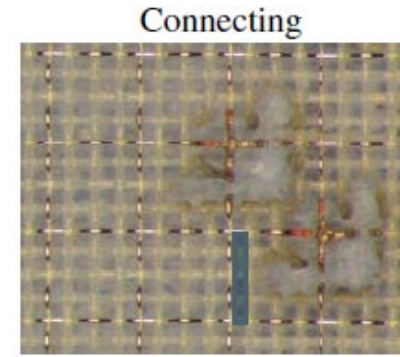
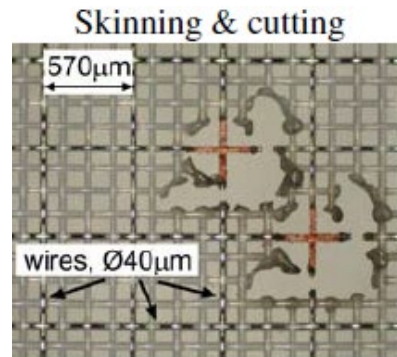


VIA Top View

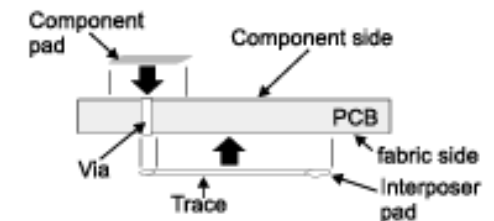


VIA Cross-Sectional View

Textile VIAs

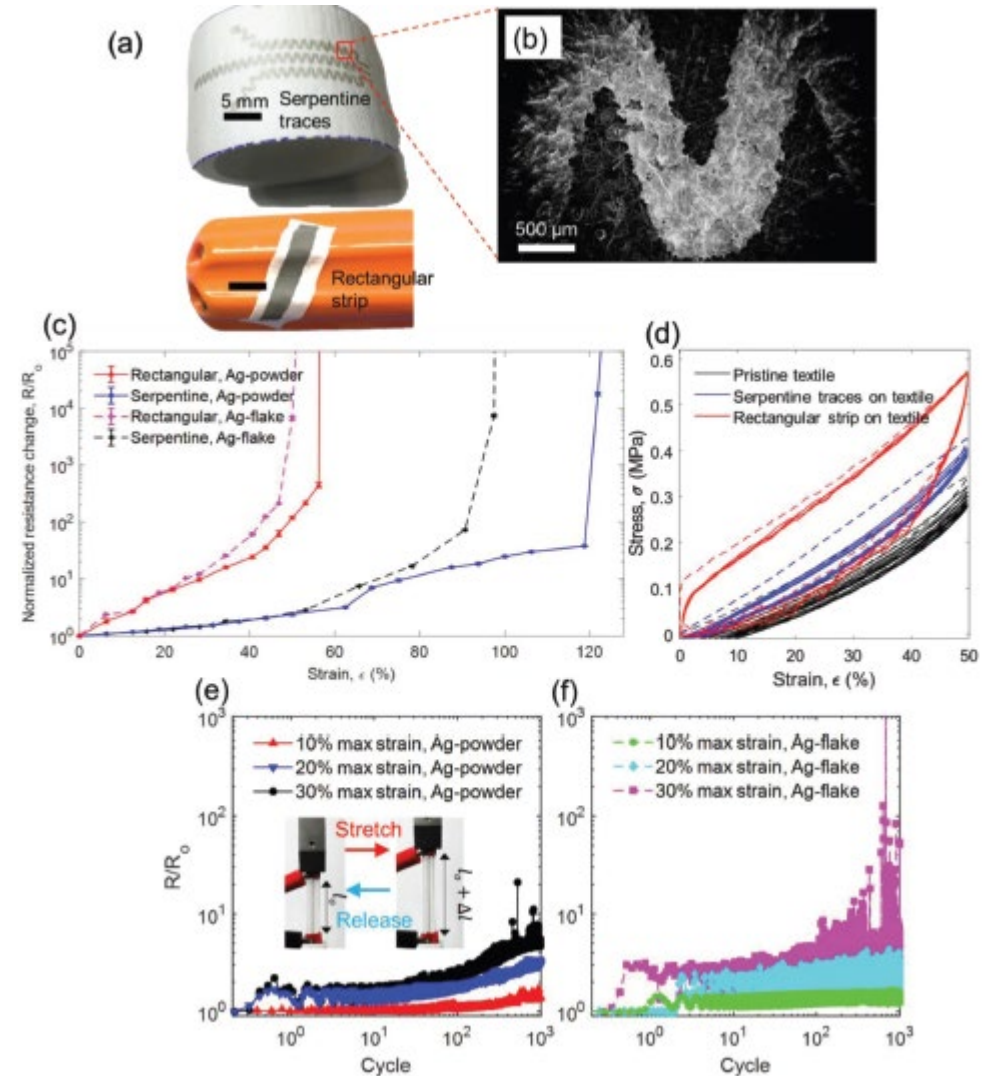
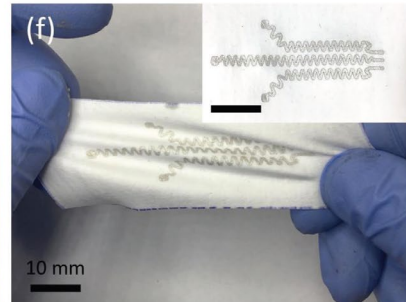
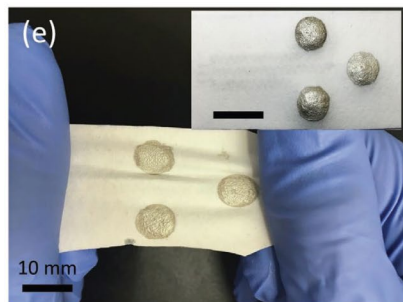
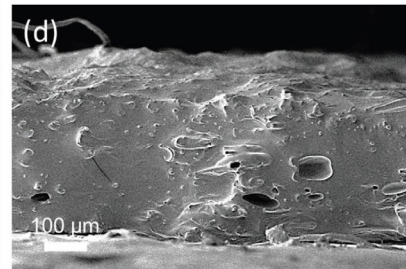
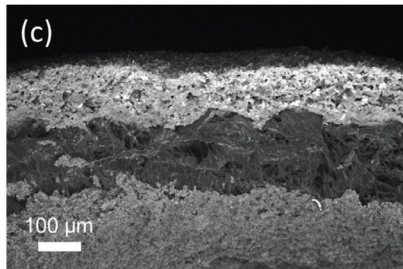
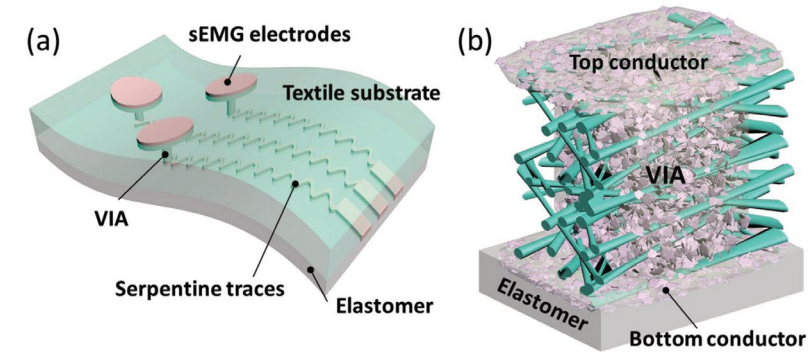


(a) Top view (component side is translucent)

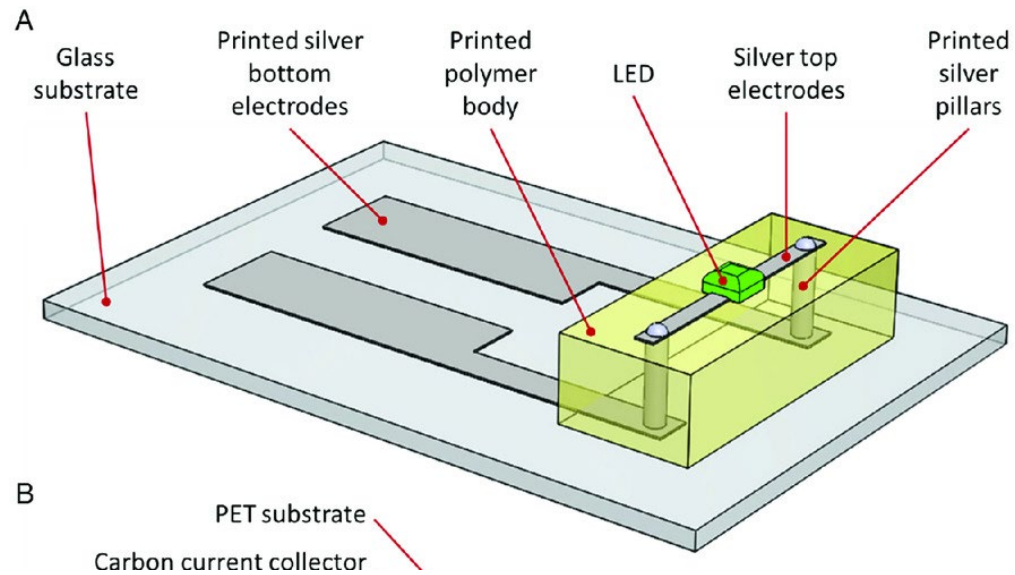


(b) Cross-section sketch

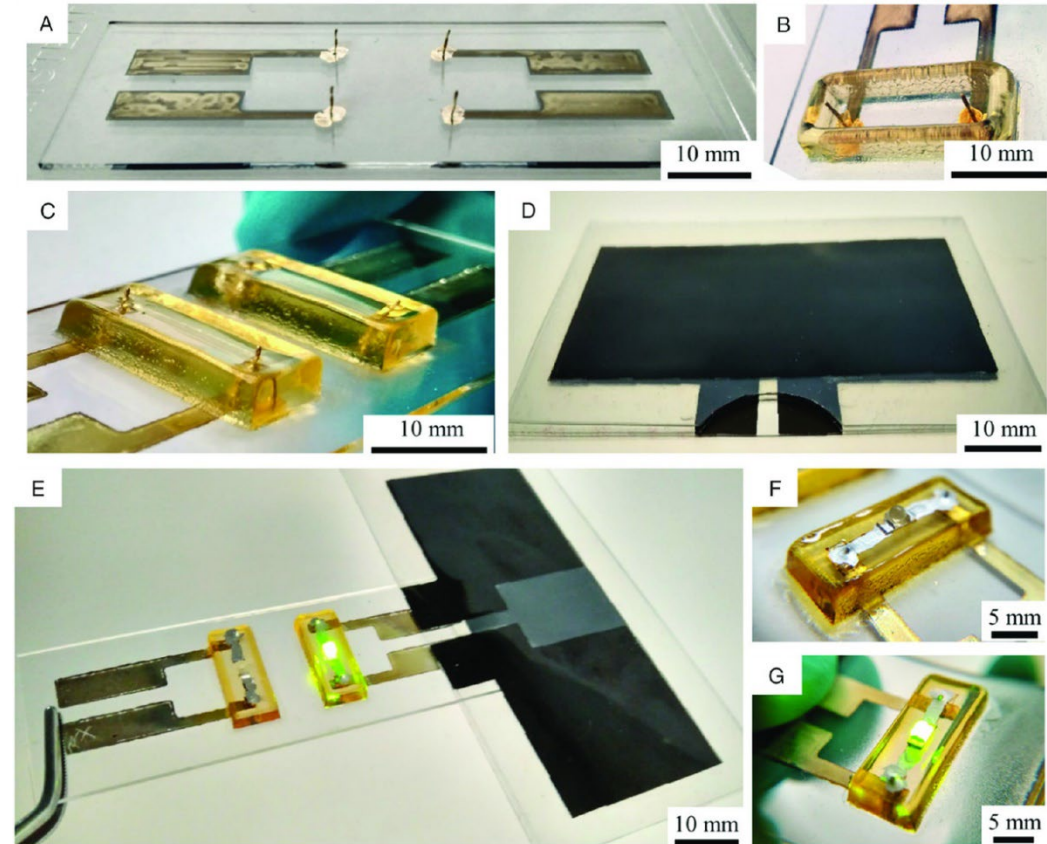
Textile VIAs



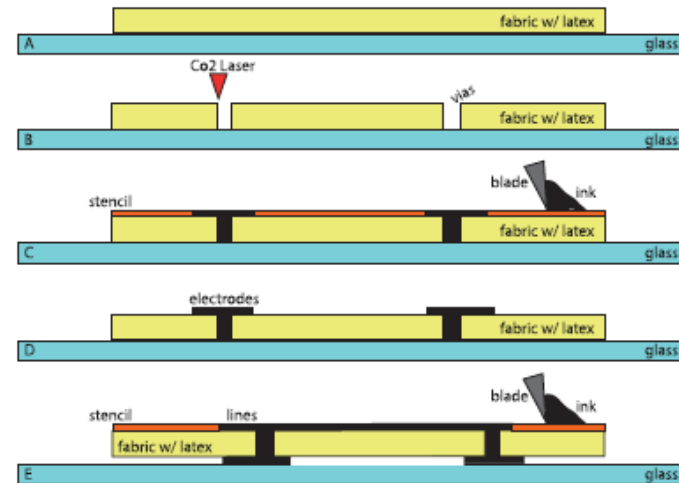
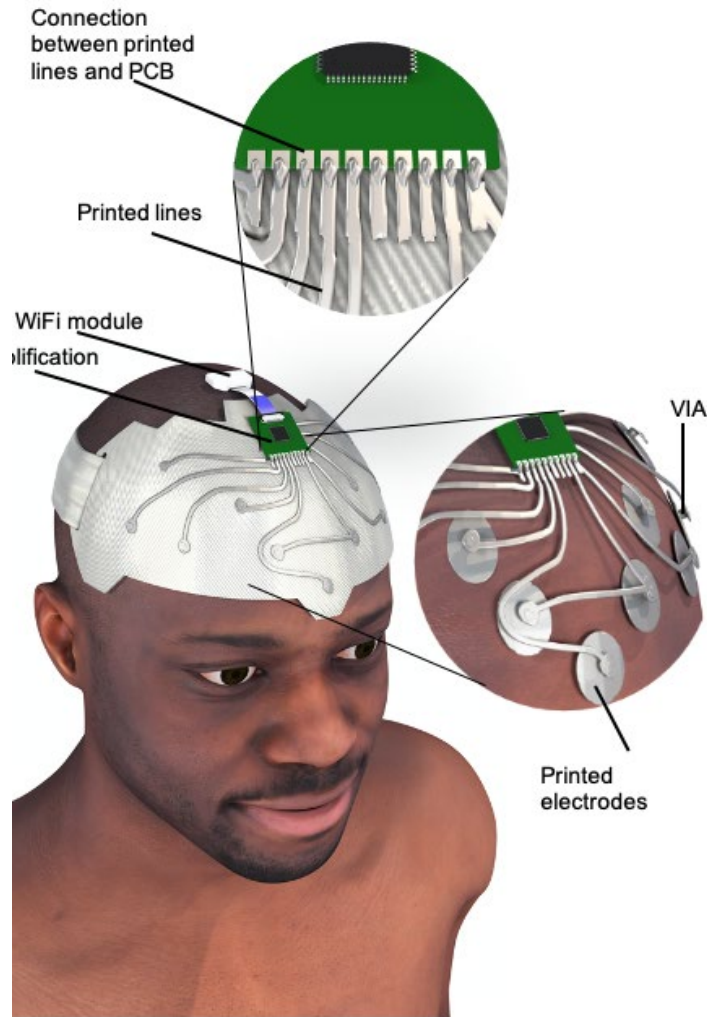
Textile VIAs



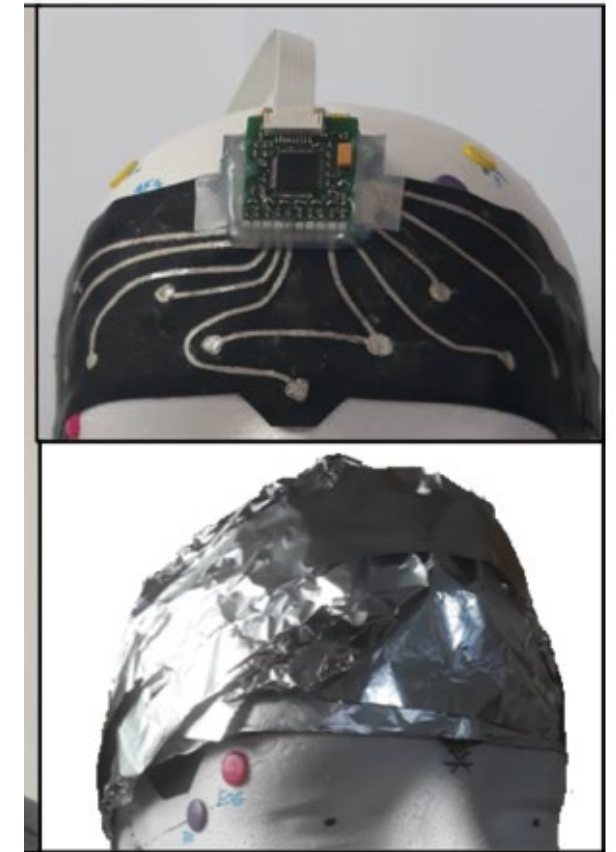
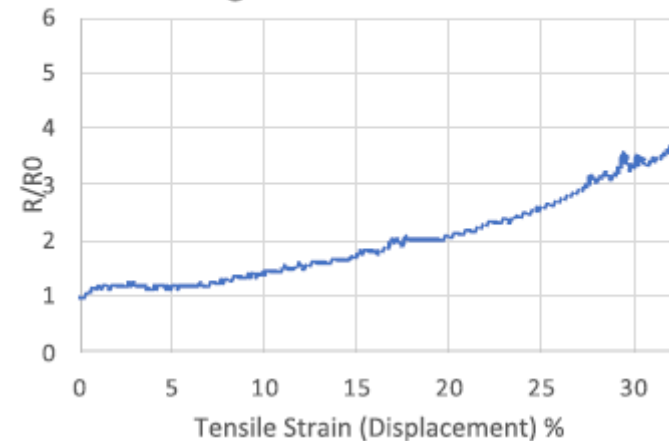
Inkjet-printed demonstrator device with a solid-state LED



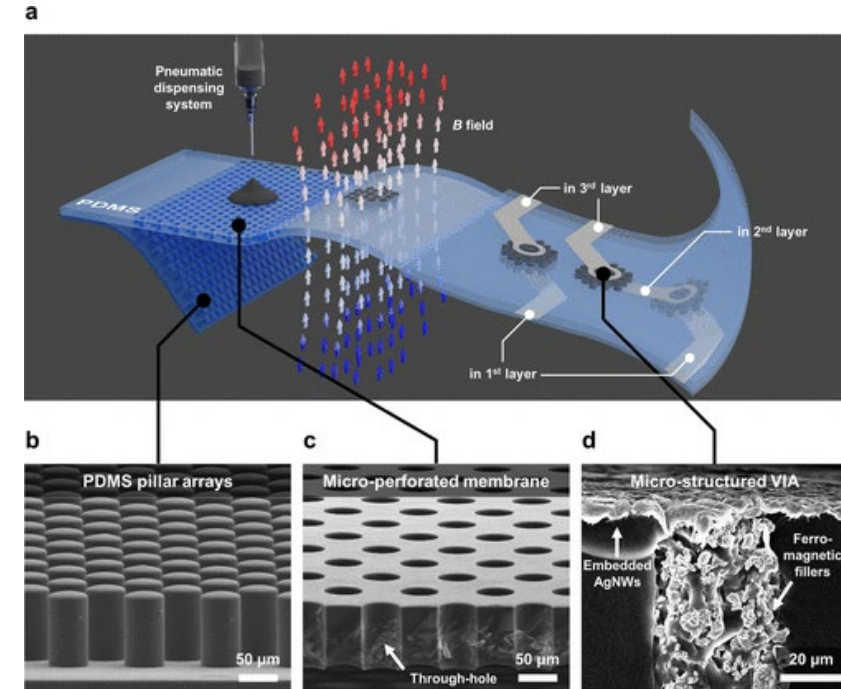
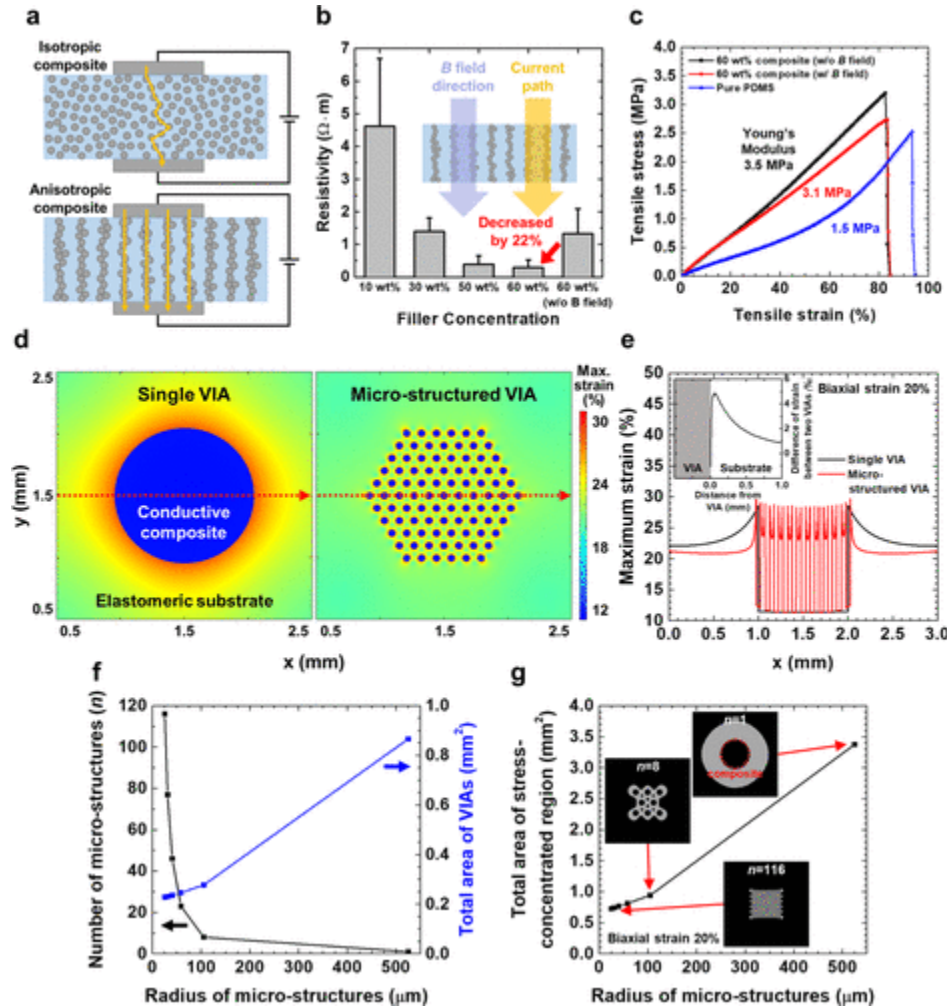
Textile VIAs



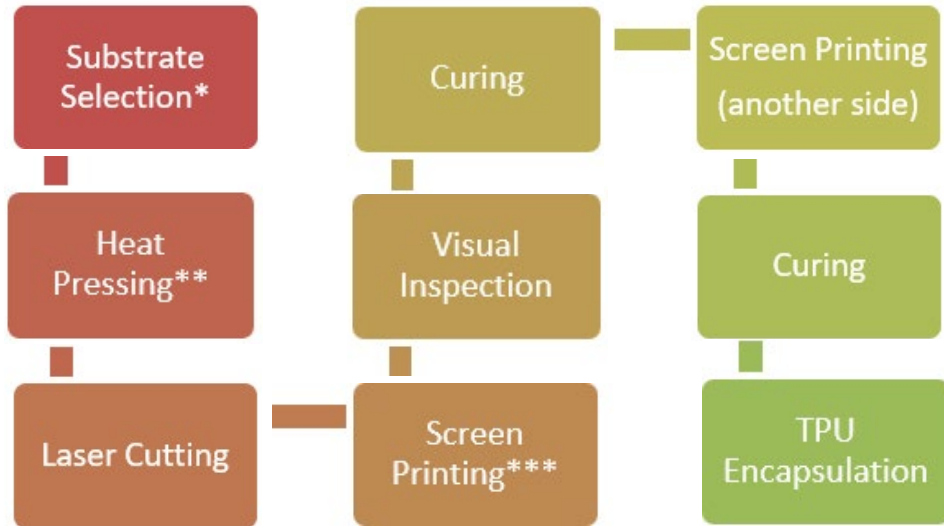
Variation of electrical resistance of AgSIS track with strain



Textile VIAs



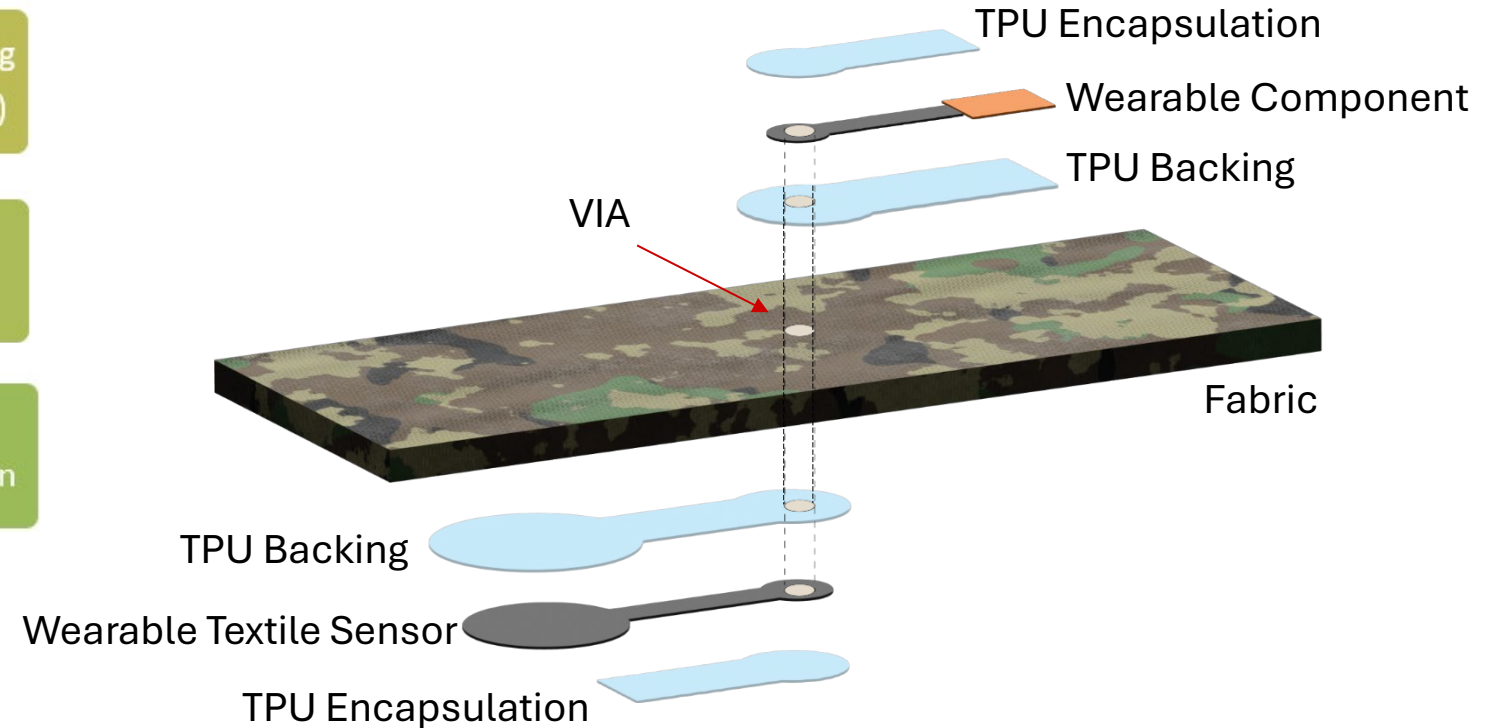
My Research – VIA in E-Textiles



*Fabric substrate: Woven or Knit

**Thermoplastic Polyurethane (TPU) film

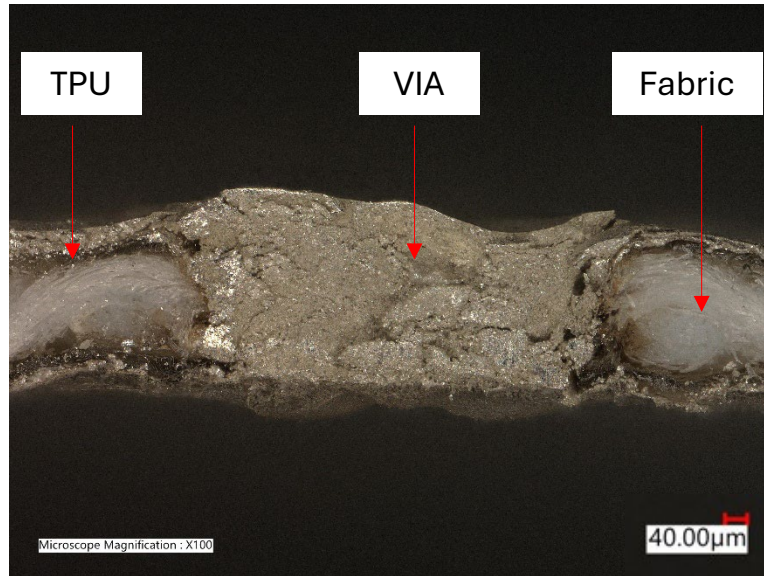
***Conductive Filling Materials: Conductive Ink or Epoxy



Schematic of Vertical Interconnect Access (VIA) through multiple layers of printed e-textiles

Vertical interconnect from fabric back to fabric front

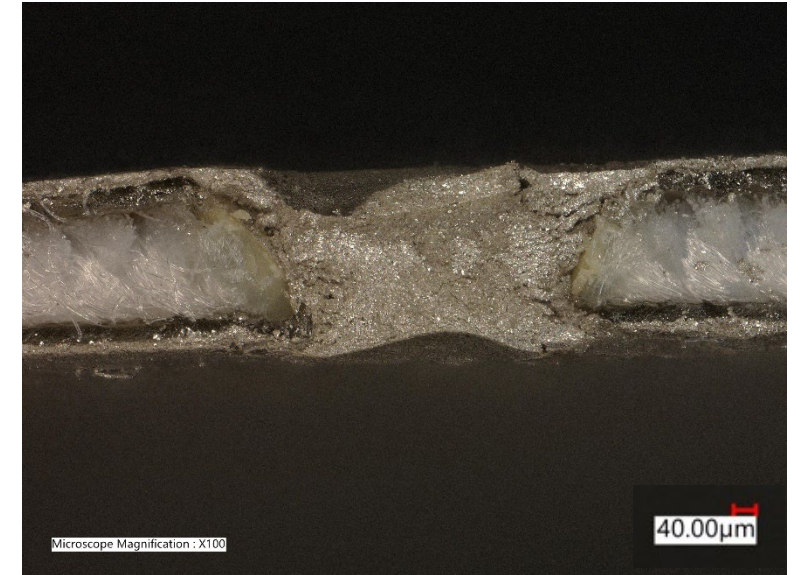
Digital Microscopy Images



Non-Stretchy Woven



Stretchy Woven



Knit

- 3 Fabrics – Non-stretchy and stretchy twill woven fabric, and single jersey knit
- Conductive filling material – Conductive silver/silver chloride ink
- VIA diameter: 1mm

Magnification: x100

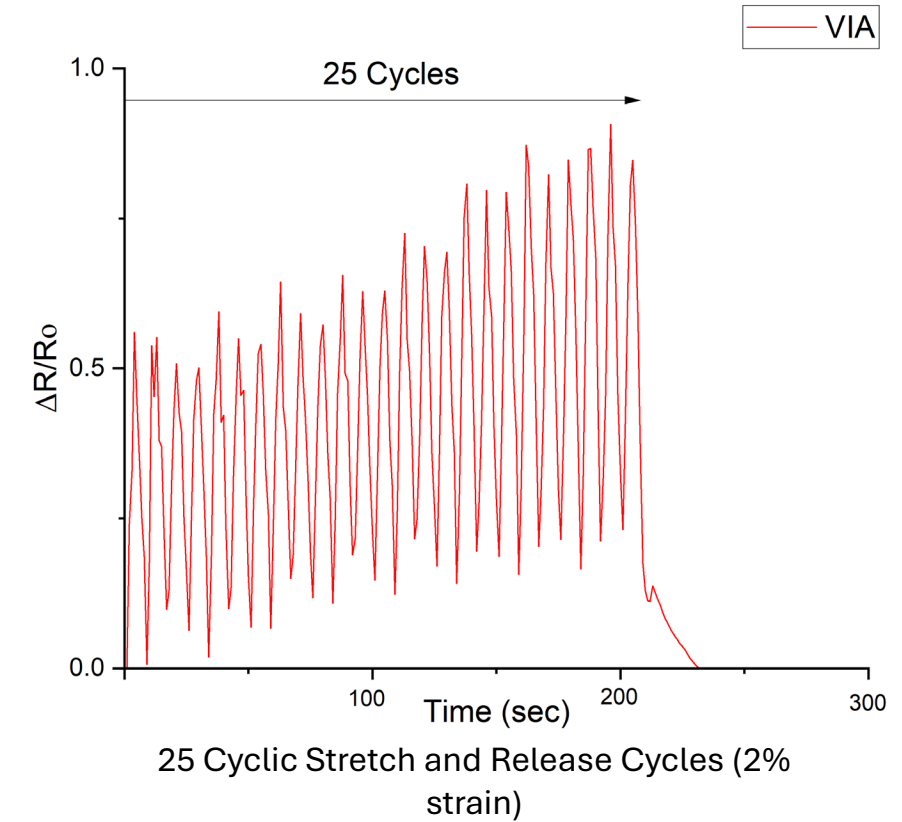
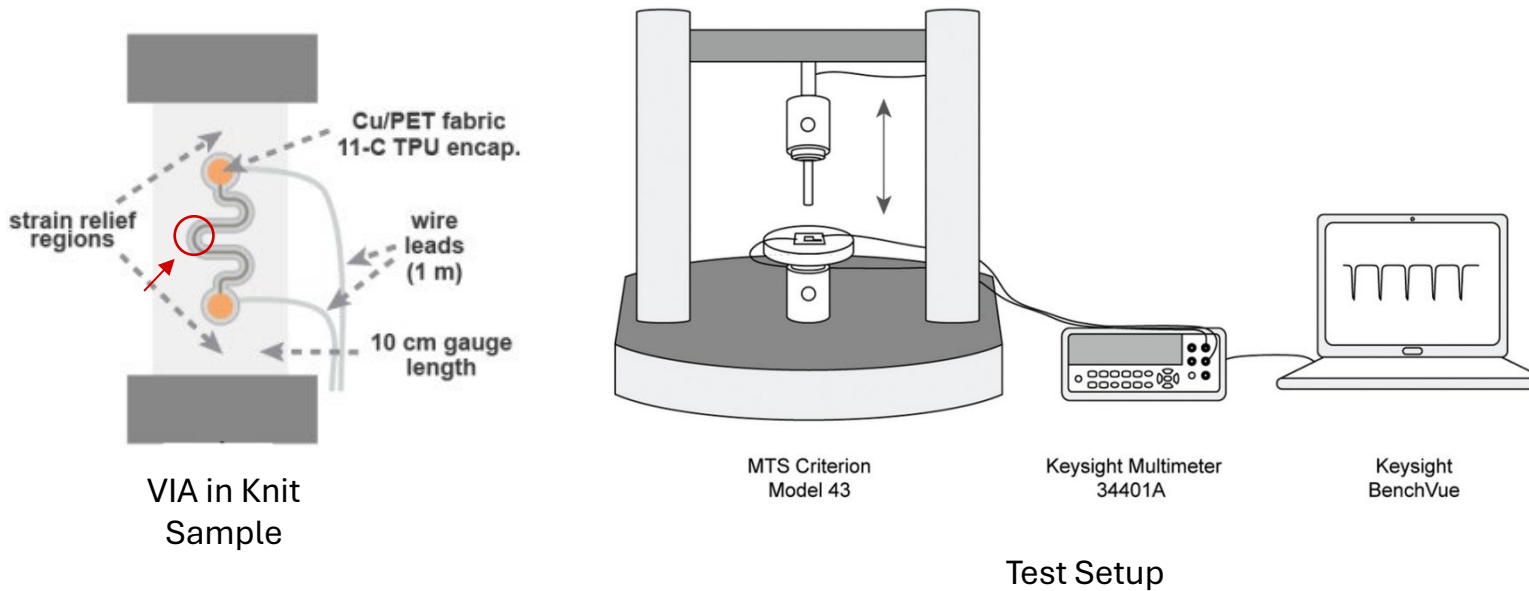
Scale: 40 micrometer

TPU – Thermoplastic Polyurethane

VIA – Vertical Interconnect Access

Ag/AgCl Conductive Ink Filling

Electromechanical Test



Preliminary Results

- Number of cycles increased – Change in resistance of VIA increased
- After 25 stretch and release cycles – Resistance of VIA goes back down
- Further testing – Knit and woven fabrics, with metal snap, conductive ink, and conductive epoxy VIA interconnect (100 cycles)

Military Application of VIA

1

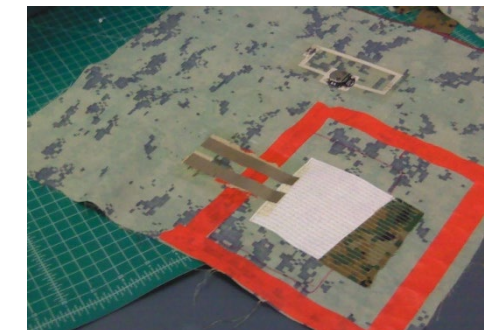
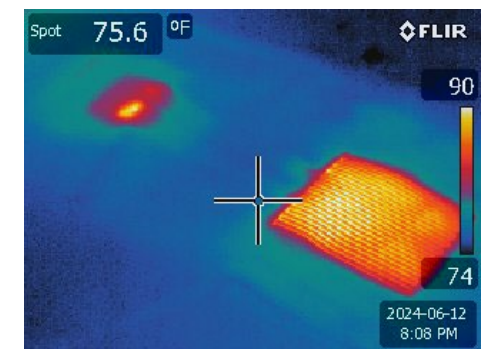


Strategic Application (using Switches)

2



Thermal Comfort Application



Fabric Heating through VIA

Concept and
Fabrication by

Dr. Amanda Mills
acmyers3@ncsu.edu

Ethan Hill
ewhill3@ncsu.edu

Carson Jenkins
csjenki4@ncsu.edu

Prateeti Ugale
pmugale@ncsu.edu

Benefits of VIA for E-Textiles



Vertical Connection

- Provides vertical and short connection from fabric back to fabric front and vice versa



Design Features

- Low and soft form factor
- Avoids the requirement of longer interconnect paths
- Manufacturable and scalable



Reliability Durability

- TPU provides protection against dirt, water, and other impurities
- Provides heat dissipation from high power components
- Mechanical durability



Enhanced Performance

- Allows complex circuitry to be packed into a smaller footprint
- Offers secure communication systems



Seamless Integration

- Avoids soft to hard connection stresses
- Avoids using rigid components like snaps, rivets etc.

Agenda



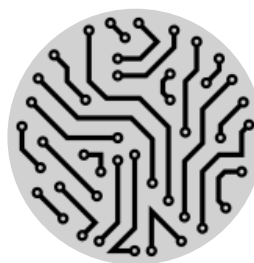
01

Introduction to
E-Textiles



02

Interconnects
in E-Textiles



03

Vertical
Interconnects



04

Connectors in
E-Textiles

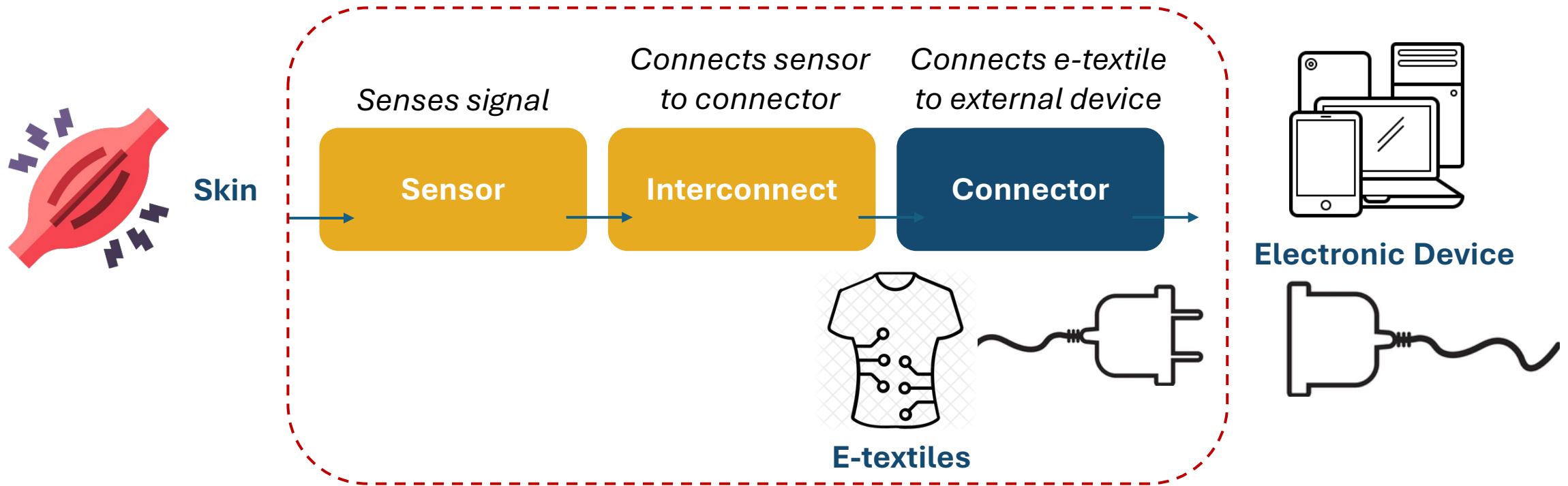


05

Conclusion –
Research Gaps

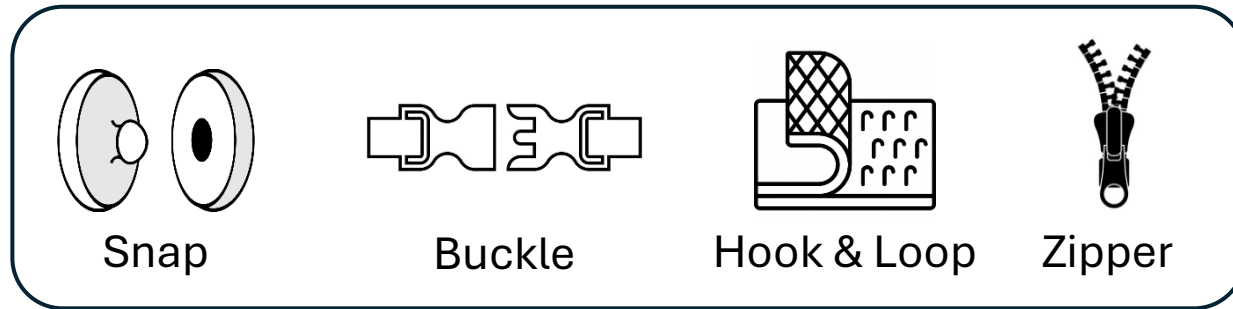
Wearable E-Textile Connectors

These are specialized components that allow for the connection of electronic components to e-textiles



- Wearable functionalities are plugged into computers using bulky electronics – hinders natural feeling of textiles
- Withstand the repeated mating-un-mating cycles to maintain robust electrical conductivity
- Expected to merge contrasting conditions (flexible and rigid)

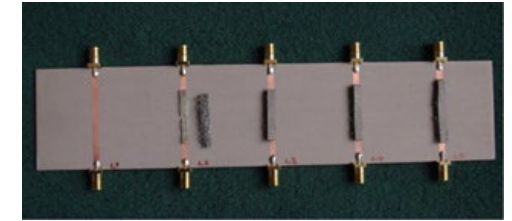
Wearable Connectors



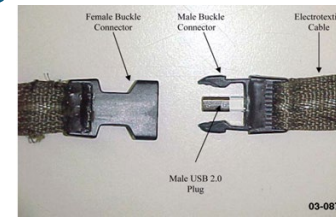
Examples



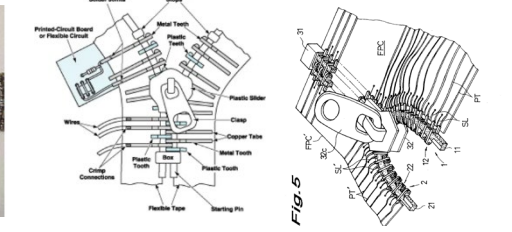
Snap



Hook & Loop



Buckle

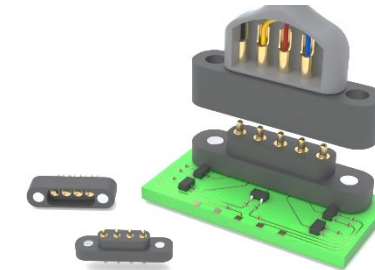


Zipper

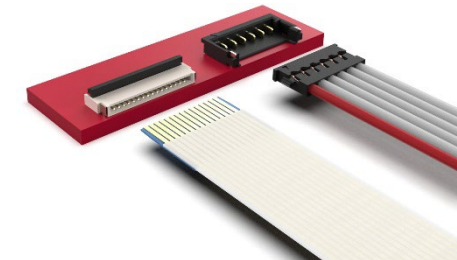
- CONNECTION - Need to make physical connection (mechanical or magnetic) as well as electrical connections (pogo pins are commonly used)
- SIZE - Number of connection points can increase the size of the connector
- COMMUNICATION - Various communication protocol can be used such as – 1 Wire, I2C, SPI, CAN Bus, USB etc.
- PERFORMANCE - Evaluation includes tests like – Mating-unmaking cycles, contact resistance etc.



Connector Housing

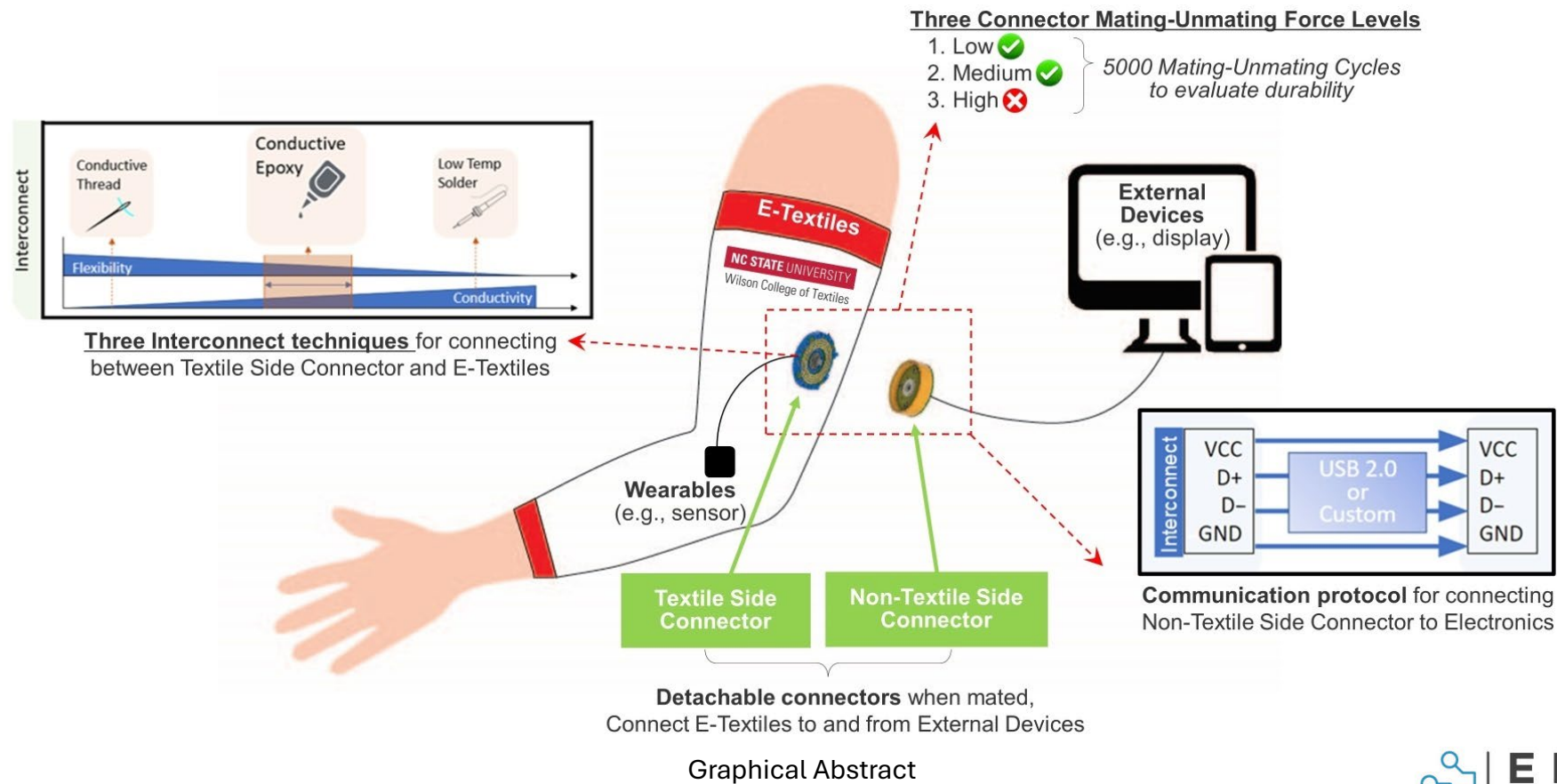


Magnetic Connector with Pogo Pins

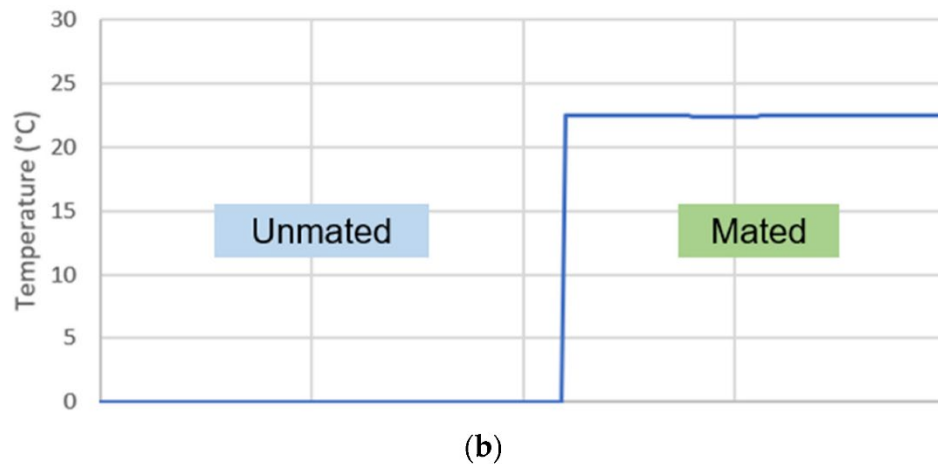
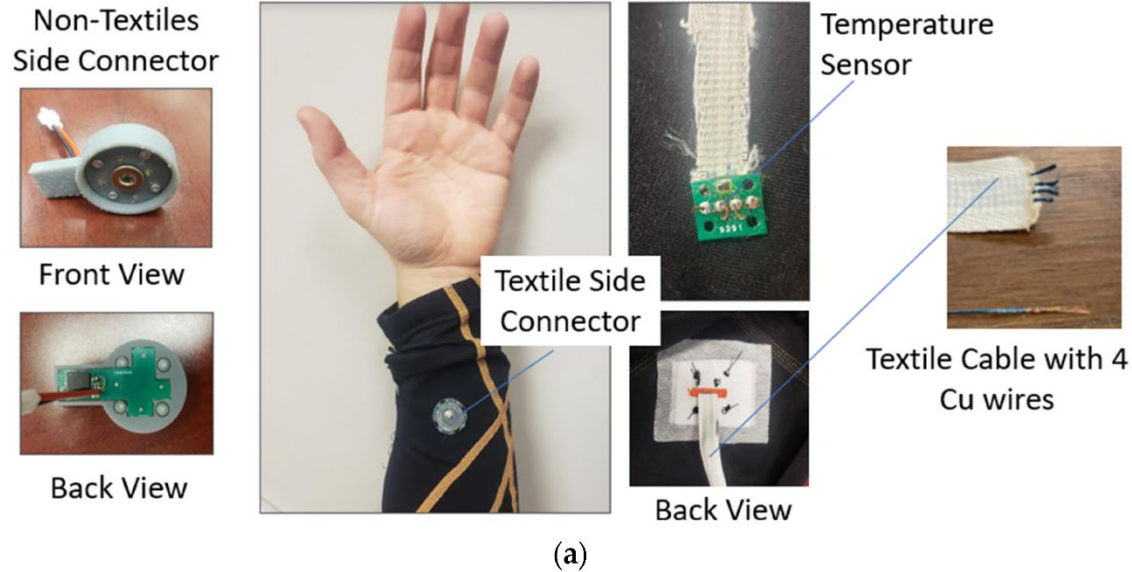


Flexible Ribbon Cable with Connector

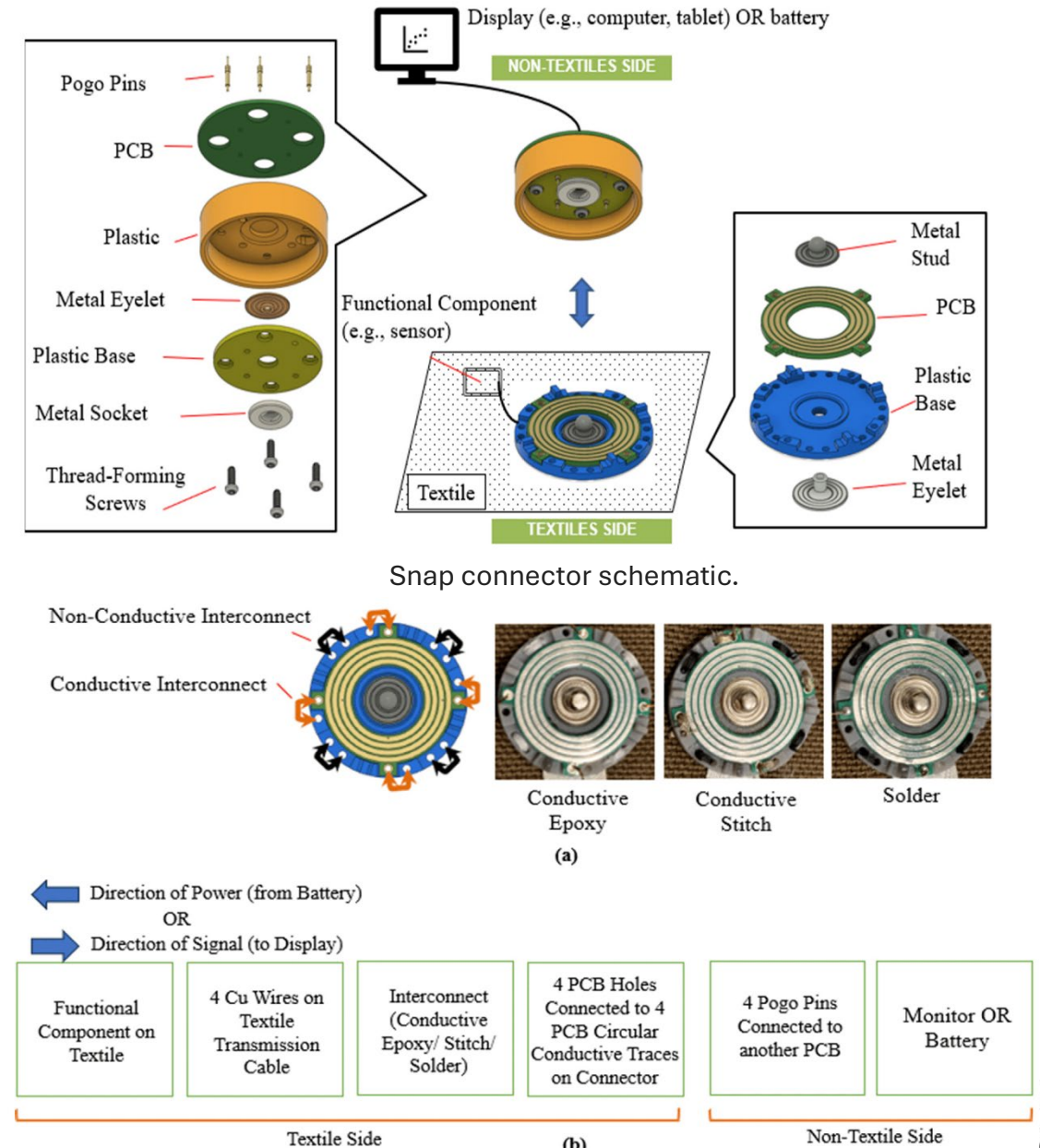
Wearable Solutions: Design, Durability, and Electrical Performance of Snap Connectors and Integrating Them into Textiles Using Interconnects



Working Prototype



(a) The working concept of detachable wearable snap connector to monitor skin temperature using temperature sensor when mated, (b) Graph demonstrating the temperature reading when connectors are mated.



(a) Interconnect sides for textile side snap connectors.
(b) Flow through the different components.

Results



(a) Conductive Epoxy

Metal socket disassembled from the non-textile side of connector body



(b) Conductive Stitches

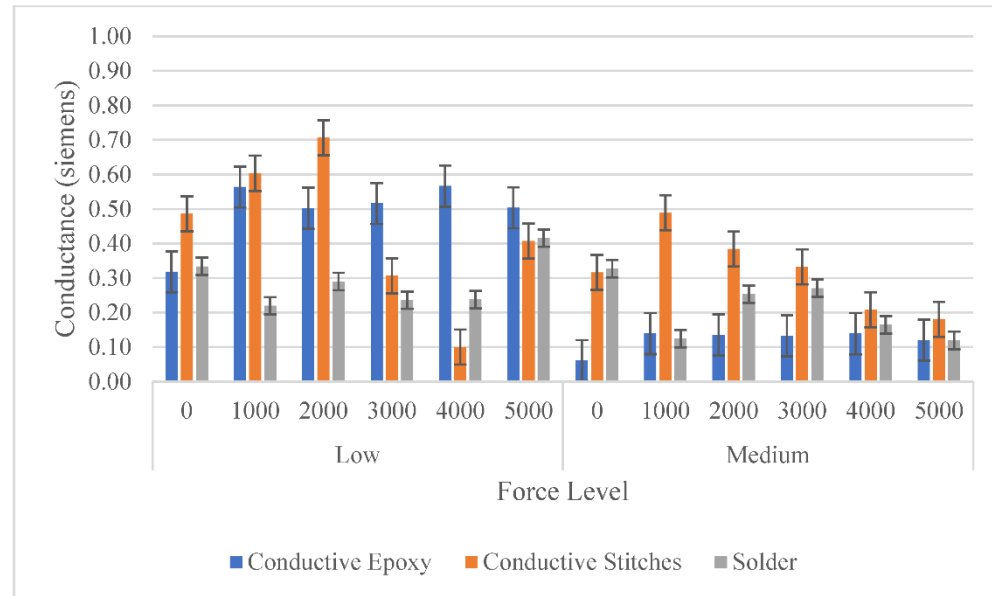
Metal stud disassembled from the textile side of connector body



(c) Solder

Textile side of the connector plastic broken, non-conductive stitches broken too

Failure Modes for high force level



Source	DF	Sum of Squares	F Ratio	Prob > F
Force Level	1	0.9900	16.0728	0.0001 **
Interconnect Method	2	0.6009	4.8782	0.0094 **
Force Level × Interconnect Method	2	0.9644	7.8288	0.0007 **
Mating–Unmating Cycles	5	0.3935	1.2778	0.2788
Force Level × Mating–Unmating Cycles	5	0.0110	0.0357	0.9993
Interconnect Method × Mating–Unmating Cycles	10	0.5099	0.8279	0.6027
Force Level × Interconnect Method × Mating–Unmating Cycles	10	0.0740	0.1202	0.9995

** indicates statistical significance.

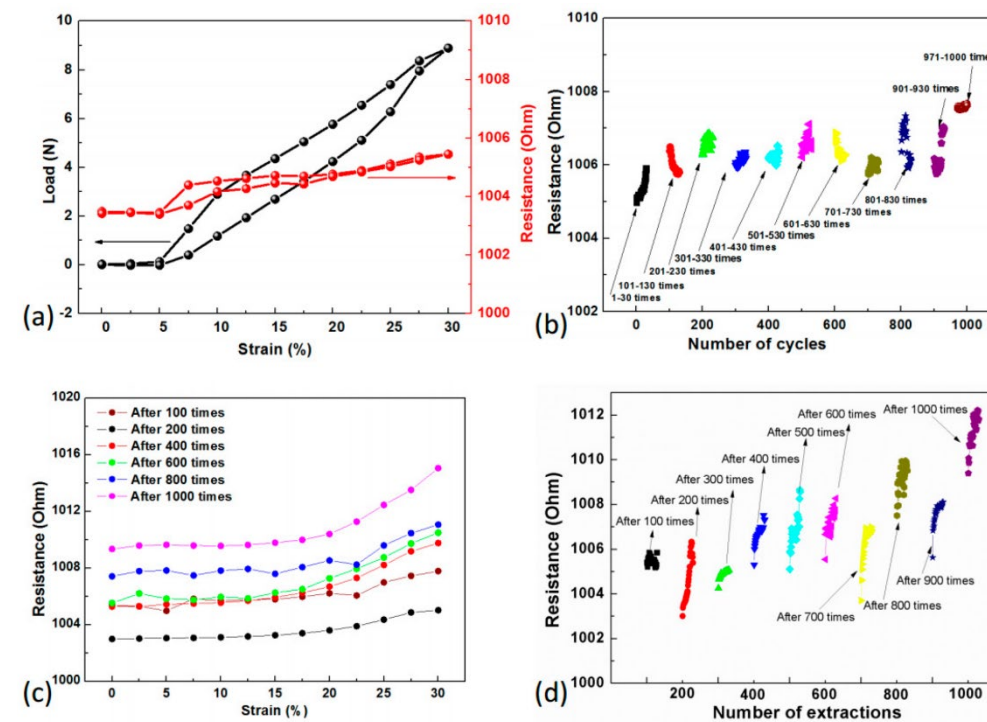
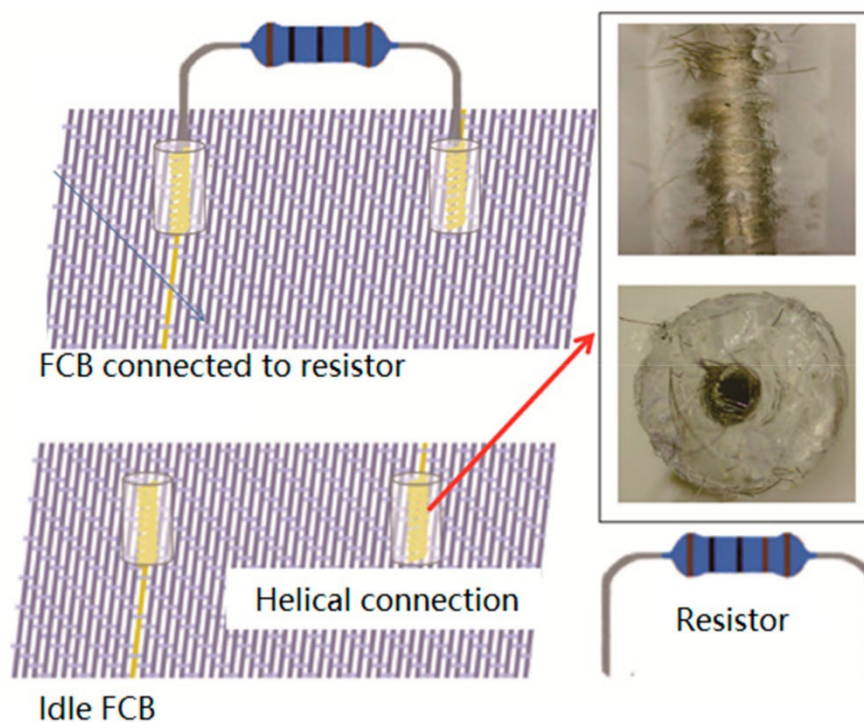
Effect tests for snap connector conductance.

Level			Least Sq Mean	
Low, Conductive Epoxy	A		0.5225	
Low, Conductive Sewing	A	B	0.4337	
Medium, Conductive Sewing	A	B	C	0.3333
Low, Solder		B	C	0.2304
Medium, Solder			C	0.2241
Medium, Conductive Epoxy			C	0.1316

Tukey's HSD connecting letter report of Force Level x Interconnect Method.

Conductance in the snap connector from two force levels (low and medium) across the three interconnect methods (conductive epoxy, conductive sewing, and solder) at every 1000 mating–unmating cycles starting from 0 to 5000.

Vertical Connectors



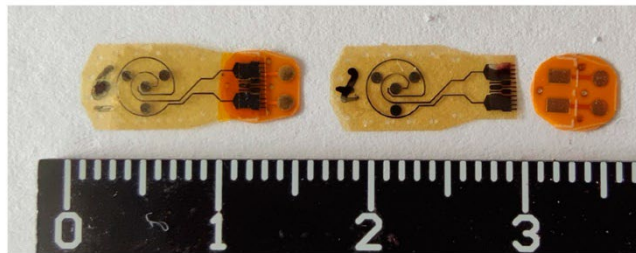
Vertical Connectors



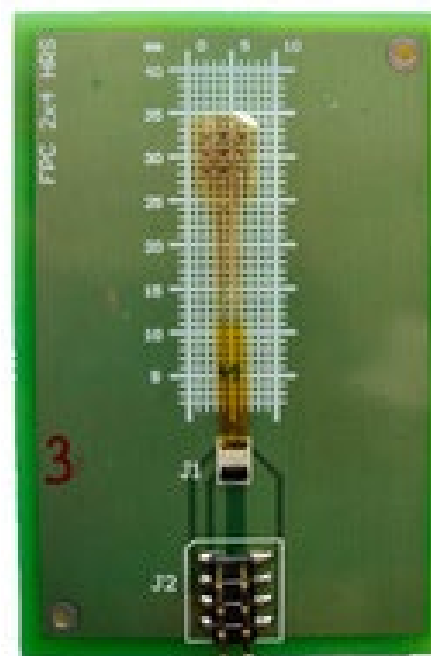
(a)

(b)

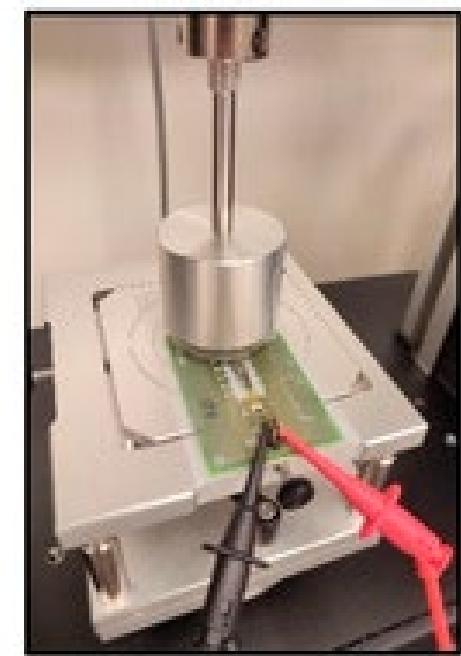
(c)



(d)



(a)



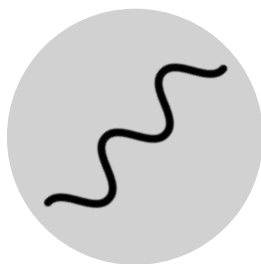
(b)

Agenda



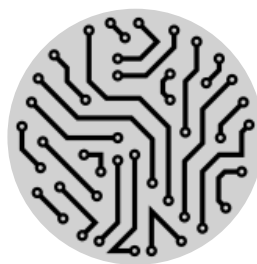
01

Introduction to
E-Textiles



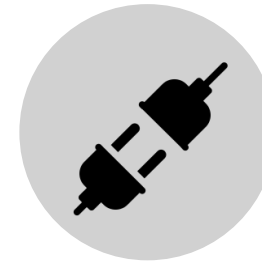
02

Interconnects
in E-Textiles



03

Vertical
Interconnects



04

Connectors in
E-Textiles



05

Conclusion –
Research Gaps

Research Focus



3

Compatible connector for the VIA interconnect

2

Optimization of VIA interconnect

1

Performance of VIA as compared to other interconnects

Conclusion

- **Vertical interconnects and connectors** for wearable e-textiles is a crucial step towards fully integrated, flexible, and functional wearable electronics
- Reliable **electrical connections, mechanical durability, and compatibility with textile substrates** ensure comfort and performance in wearable applications
- **Current research shows promising advancements** in materials and fabrication techniques that enhance the functionality and resilience of these components
- However, **challenges remain in ensuring long-term reliability, scalability, and compatibility with various textile forms**
- **My work focuses on developing and optimizing vertical interconnects and compatible interconnects to enhance their integration into EMG monitoring wearables**
- By addressing this work, we can move closer to widespread adoption of e-textiles in various applications, from healthcare monitoring to smart clothing and beyond

Accomplishments

Publications

Ugale, Prateeti, et al. "Wearable Solutions: Design, Durability, and Electrical Performance of Snap Connectors and Integrating Them into Textiles Using Interconnects." *Textiles* 4.3 (2024): 328-343.

Ugale, Prateeti. "Composites: Innovation in Machinery for ITMA 2023 Milan, Italy." *Journal of Textile and Apparel, Technology and Management* (2023). Also published in AATCC Review

Awards/Funding

- University funding to attend International Textile Machinery Association (ITMA) exhibition 2023 – Milan, Italy
- AuxDefense 2024 Innovation Award – Braga, Portugal
- AATCC Foundation Scholar (2024-2025) – Kanti and Hansa Jasani Family Scholarship – Raleigh, USA

Presentations/ Conferences/Exhibits

- Advanced Functional Fabrics of America (AFFOA) Membership Summit (2022) – Boston, USA
- NC State University – Research Open House (2023 & 2024) – Raleigh, USA
- International Textile Machinery Association exhibition (ITMA) (2023) – Milan, Italy
- Auxdefense 2024 – Braga, Portugal
- IEEE Engineering in Medicine and Biology Society 2024 Conference (EMBC) – Orlando, USA
- Techtextil North America (Multiple - Raleigh)
- **Emerging Technologies Conference 2024 – California, USA**
- AATCC Discovery Summit – Savanna, USA

Acknowledgement



Project Sponsored by



This work is supported under the project "Bluetooth Electromyography-based Stroke Therapeutic (BEST): Shifting the Paradigm with Biofeedback-Driven Home Therapy" funded by Impulse Wellness and the US Dept. of Health & Human Services (DHHS).

NC STATE UNIVERSITY

Wilson College of Textiles



Smart Holistically Integrated Functional Textiles



Dr. Amanda Mills
PhD Advisor

Dr. Faisal Abedin, Dr. Beomjun Ju,
Dr. Seonyoung Youn, Erin Parker,
Ayesha Siddika, Ethan Hill, Carson
Jenkins, Sophia Thompson &
Crista Villasenor-Reyes



Thank you!



Prateeti Ugale



pmugale@ncsu.edu

NC STATE UNIVERSITY

Wilson College of Textiles

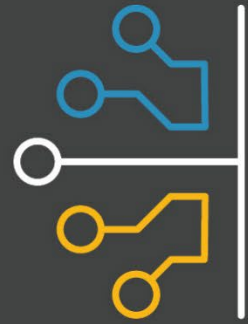


Smart Holistically Integrated Functional Textiles

Share your feedback on this session

Scan the QR code using your smart phone camera





See you next year!

EMERGING TECHNOLOGIES

CONFERENCE at Advanced Textiles **EXPO**

Nov. 4–7, 2025 | Indianapolis, IN USA

